



SIR Branch 176 Windsor Winds Newsletter for September 2024

SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), [State Webpage](#) and/or attend Tuesday morning coffee.

Windsor Branch 176

Monthly Luncheon Meeting Every 3rd Wednesday
Charlie's Restaurant 130 19th Hole Dr. Windsor CA
Charlie's lunch is \$23.00 (plus \$1 table tip if you wish)

Windsor Winds Edition

September 2024
Volume 29 Number 9

Big SIR – Larry Doherty



I hope you all had a wonderful time under Tom's guidance during the August luncheon. I am looking forward to Tom being at the helm as I know he has all of our best interest at heart. He will ensure that we will not only survive, we expand.

August was a month of vacation for me whether it was in Amador County riding a train cart or in Lake Almanor catching more fish. Each of those adventures was with friends so I look forward to returning to our own adventures, as SIRs members.

See you all on Sept. 18 for our next luncheon. For September, I am looking for the one member who was the closest to the towers in NY on 9-11. And it has to be you personally, not some relative or significant partner.

Warmest Regards, Larry D.

Little SIR – Tom Palmer



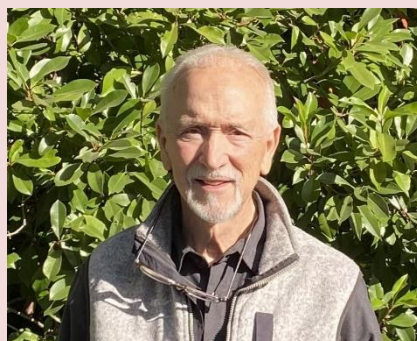
What became most apparent at the last Sir Luncheon is the level of interest everyone has on what is happening at the state level (not on my meeting agenda, but it came up anyways). Partly because of that, I have decided to attend the “Annual Conference” on September 24th and hope to have additional information for the October newsletter. Meanwhile, as summer ends I hope to see more folks coming to our monthly luncheon. Next month’s speaker should be very helpful as Hana discusses fraud schemes. Also we will be voting in our new Board members (all positions have volunteers). Meanwhile, I’m back from the injured reserve for golf on September 4th. I would give a warning that I might be rusty, but quite frankly when the worst golfer on the course returns, rust doesn’t really matter; what matters is that I have fun. I am really looking forward to the best ball scramble, and certainly the party afterwards. Let’s all be involved in something and enjoy our very unique and special men’s club.

Chris Roach – Friendship Report



A Get Well card to John Hancock; and a sympathy card to Mike Berry who in late August, lost his wife Jan.

When you see them, please welcome our newest members John Cookus & Gary Kramer:



JOHN COOKUS

My name is John Cookus. My wife and I have lived in Windsor since 2002. My work history goes as follows: I worked at Bell and Howell from 1968 until January 1985. I started out as a

manual systems analyst at the Ditto Division of Bell and Howell. I advanced to Employment Supervisor, Manager of Government Compliance, Corporate Manager of Personnel Practices, to my last position of Corporate Director of Human Resources. I quit Bell and Howell in at the beginning of 1985 and moved to California.

I met my wife to be in 1983. I married her on January 31,1985 and immediately we went on a backpacking trip through eleven countries in Europe and went as far North as the Arctic Circle in Finland. We moved to California upon our return. Once in California, I started to work in a management consulting company. My biggest project was to do strategic planning for the IT department of PG&E. The head of the department was previously a professor of strategic planning. Some interesting stories from this job.

In 1987, I started teaching at the Santa Rosa Junior College as an adjunct professor. I also started my own consulting business. I created many courses from problem-solving to conducting business presentations.

I have children, a boy and two girls, three grandkids and four great grand kids. My youngest daughter just retired as a Brigadier General from the Air Force Reserve.

In 2022, I contracted two different types of blood cancer. I am in remission now, but my immune system is weak. Ergo, I am the guy who has been wearing a mask the last two weeks at the meetings.



GARY KRAMER

I have a wife of 49 years and 3 children all raised, educated with families of their own, and 3 grandsons. The huge part of our retirement lives are spent with our children babysitting, vacationing and just general visits. I have one daughter in Marin, another, who has two sons, in Sacramento, and our son is in Fairfield.

I retired ten years ago from Snap on Tool Corp. as an industrial sales Rep. with a territory from the Golden Gate to the Oregon border along the 101; a great scenic geography. My customers were schools, municipalities and large corporations. My few largest customer being PG&E, the geothermal steam fields at the Geysers and Chevron Refinery in Richmond. I worked for Snap-on for 30 years.

In retirement, I love to workout at the Airport Club 4-5 days a week. I spend as much time with the family as possible. If time, I golf twice a week. I also volunteer making calls to seniors for Catholic Charities, feeding homeless at my church (St. John's) for St. Vincent de Paul. Finally, I coach men with substance abuse issues at the Redwood Gospel Mission in Santa Rosa.

HAPPY BIRTHDAY THIS SEPTEMBER TO:

Steve Clifford, Paul Hansen & Shaun Spiegle

Golf: Jerry Culver & Frank Treanor



The golf club is alive and well with about 16 players each week.

On September 4th we will have a scramble, best ball contest then the members of the club will be invited to a partially subsidized luncheon to celebrate the vitality of the club.

New members are welcome, contact Jerry Culver to be included in a foursome, so.done56@yahoo.com or text 707-953-4901.

Starting times are at 0800 hours, please be there at 7:30.

Thanks to all the golfers for making this year a great success.

Frank, Jerry and Ron

DON'T MISS OUR LUNCHEON GUEST SPEAKER ON 8/21:



HANA AYMAR

Hana from Redwood Credit Union is an expert in fraud avoidance and will be discussing:

- Impersonation Scams
- Tech Support Scams
- Social Media Scams
- Loan Scams
- Employment/Remote Work Scams

Please attend the luncheon and let's warmly welcome her.



Good food, good speaker and good times at our Luncheon on 8/21. 46 of us Sirs attended. Certainly have room for more and if you haven't been for a while, and can make it; please join us. It's an important part of being in SIR.

THANKS TO OUR August LUNCHEON GUEST SPEAKER:



Marianne McBride

Our guest was from the Council on Aging and spoke mainly about the concerns and challenges of our aging population. If you missed it, a copy of her one page summary soon coming to our web page. <https://windsorsirs.org/>



Bocce Ball - Stewart Morgan



Bocce Ball at the Senior's Center Thursdays at 10:00am. All are welcome.

The early Romans were among the first to play the game, at times using coconuts brought back from Africa (Nuts here not included).

Dave Harrison: Bowling Report for SIR Branch 176

The Fall-Winter Senior Monday Morning Mixed couples bowling league will begin on September 9th. If you are interested in joining our Fall-Winter league, please let me know at harrisod@sonic.net. I'll transfer your contact information to our league secretary who is managing the sign-ups for this league.

**Couples Dinner
(Not an official SIR Activity)
Couples Dinner- Wayne Lindahl & Jim Neal**

We had a great time at KC's American Kitchen with a full complement of twelve couples for dinner. We were seated on the patio which took advantage of the beautiful evening breeze. Everyone is still sitting here having a great time. Seems like nobody is in a hurry to leave.

If you want to be added to the list for couples dinner let Wayne or I know.



CRIBBAGE



Cribbage is a weekly event every Wednesday afternoon from 2pm until 4:30. This is run through the Windsor Senior Center, so anyone and everyone is

welcome. Just come for a game or two or stay the entire time, your choice. New players welcome. The number of player as of late has been down, so if you wish this event to continue, please make a point of attending.

Gary Jensen – Recruitment

Recruitment: We still have a goal of at least 80 members by years end, ? more to go, so let's keep inviting friends.

For Coffee (John Fineren): Even with so many on vacations, Interest in the Tuesday Morning 9am coffee session is busy. Please don't forget to invite a friend.



Coffee at the senior center

DID YOU KNOW?

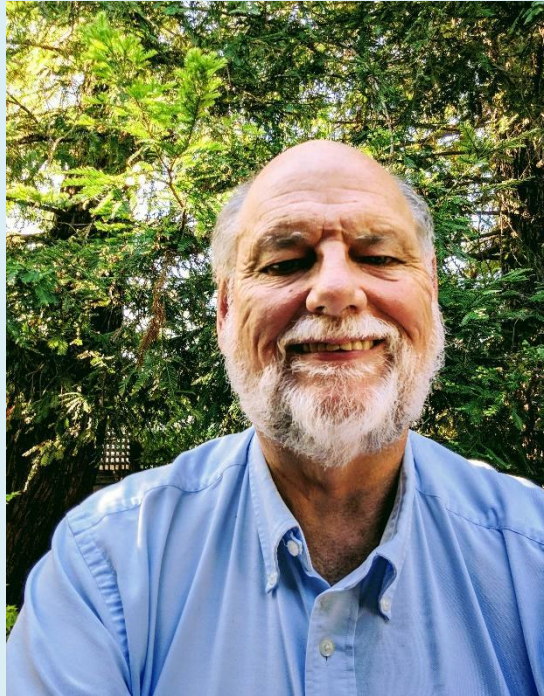


This is Jonas Salk (1914 - 1995) who decided not to patent his 1955 Polio Vaccine so that it would be affordable for millions of people who couldn't afford it. As a result, he lost out on an estimated 7 billion dollars.

PICTURE COURTESY: PUBLIC DOMAIN

© HISTORYALLDAY

MEMBER PROFILE:



JIM TUBB

I was born in Anchorage Alaska in 1947 but at 6 months old we moved to the Bay Area, when Pan Am transferred my father to San Francisco. I grew up in Redwood City where I lived in million dollar homes (present value).

I graduated from San Carlos High School and then UC Davis with a degree in history, which indirectly led to my first career. When I was a student, I worked in the cafeteria and when I graduated there weren't a lot of jobs for liberal arts majors. I had married my first wife with whom I had two sons, so I got a full-time job as a cook in an off campus dormitory cafeteria. I had a boss who thought I had potential, so he mentored me and trained me for management. I went on to work at St. Mary's college, UC Riverside and finally as the Food Service Director at the University of San Diego where I met my 2nd wife. She was working in food service at Stanford, and we met at a conference. We began a longish distance relationship by phone and frequent air travel. Two months later, in early December, I asked her to marry me and she said yes. I didn't want to tell anyone because I assumed we would get "You just met!" A month later my mother asked if we were getting married and was pleased when I confirmed it. On New Year's she called her mom to tell her. Her mother's response was "I was so disappointed at Christmas. I thought you would say something then."

In 1982 we returned to the Bay Area where I went to work for a corporate food service company, Guckenheimer Enterprises. I worked as a manager at GE Nuclear Business Operations in San Jose and a year later I was promoted to district manager. This led me to my second career. I was doing a great deal of repetitive work that I decided could be done better with a computer. I began to learn about them and what could be done with them. The office had an original IBM PC which was sitting unused because no one knew how to use it, so I taught myself DOS v. 1.1 and Lotus 123 to create and manage 16 budgets. This saved me hours of work and I was the only DM whose budgets got updated as our clients' circumstances changed because I could revise a budget in just a few minutes.

Everyone in the food business dreams of having their own restaurant. In 1985 my wife and I relocated to Healdsburg where we opened the Plaza Grill. We successfully operated that until 1991, when burnout caught up with us. When we

closed the restaurant, it was the beginning of the computer revolution and there was no one in Healdsburg providing support to users in the area so I started Delta Computing, serving businesses and individuals in Northern Sonoma County. I retired from that in 2016.

We moved to Windsor in 1994 when we bought our house here.

I am now head of the Windsor Senior Computer Users Group which provides free assistance to seniors with their tech. I also maintain the website WSCUG.org and handle notifications to our members. I also drove for Windsor Wheels, a volunteer organization which provides free transportation for seniors who can no longer drive, doing over 300 rides since 2019. In 2023 I joined SIRS for fellowship and activities where I have made many new friends. Later that year I took over the SIRS Windsor website where I try to provide our members with information about the group and our activities.

I am a widower, and I have two sons, one in Virginia and one in Arizona.

Collectively I have 8 grandchildren and 5 great grandchildren. My wife passed away in 2017 after 38 years of marriage.

My hobbies include reading, gardening, travel and food and wine.

3PM Friday Happy Hour



No, Frank doesn't always dress like this, the picture is old, but Happy Hour continues on. If you are free, come and have a cold beverage with us. The schedule for September is: 9/6: Flagship (pictured here); 9/13 The Publican; 9/20: Barley & Bine; 9/27: Lupe's.

FOR THE LIGHT HEARTED:



There was a time when we would protest for things that mattered.

This is a non-political post.
You're welcome.



**For those who don't
want Alexa listening in
on your conversations,
they're making a male
version....it doesn't
listen to anything.**



A single ant can live to be 29 years old



1.2K

75 Comments · 116 Sha

Like

Comment

Share



Amol Bharate

What about a married one



The trouble is,
you think you
have time.

-Buddha


OTHER COMMUNITY ANNOUNCEMENTS:

(Non SIR Activities)

Invitation from the Windsor Historical Society

Saturday, September 7th • 12:00- 3:00pm

13th Annual Hop Harvest & Heritage Day



On the Museum Grounds
9225 Foxwood Drive in Windsor

Pick some hops and find out what makes
beer taste so very good!
Explore your local history.

Lunch is available, \$20.00, served at 1:00
Taste some great local beer!
For tickets, send your check to
PO Box 1544, Windsor CA 95492

For more information, call 838-4563



Youth and seniors can now ride free on SMART trains throughout Sonoma and Marin counties under a new pilot program that started April 1.

According to a recent announcement, the program runs through June 30, 2025, and allows youth 18 and younger and seniors 65 and older to board any SMART train, any day of the week and ride fare-free. Youth and seniors are not required to have a Clipper Card or to use the SMART eTickets app, to reduce any barriers to entering the transit system. For SMART schedule and train station information, visit sonomamarintrain.org.

SEPTEMBER 5th– The first Thursday of every month, April through October, is “Hot Dog Thursday” hosted by the Pacific Coast Air Museum at the Sonoma County Airport. **Cost: \$8.00** will get you into the museum, a hot dog, a drink, and chips. Extra hungry? Ask for the Big Dog for \$10 or add an ice cream for \$2.

<https://pacificcoastairmuseum.org/hot-dog-thursday/>



Every Saturday morning (8:00-10AM) Jose Castaneda hosts a **FREE breakfast for veterans** at Castaneda Marketplace; 8465 Old Redwood Highway. This “Castañeda’s Breakfast Brigade,” provides veterans a place for connections, camaraderie & friendship

<https://www.facebook.com/CastanedasMarket>



Once a month, date varies, this month it is **SEPTEMBER 16th**. All SIR and their spouse are welcome to start the “work” week with Margherita Monday – a chance to sample the best frozen margaritas in Windsor. Starts sharply at 4PM Castaneda’s Market Place.

Keep an Eye Out for notices from Len Schwer about Margarita Monday and other community events. For additional information contact Len Schwer at: Len@schwer.net

STEWART MORGAN –TRAVEL

If you are interested or have questions please contact Stewart
at stwrvmorgan@gmail.com



2024

Fall Mexican Riviera Getaway Oct. 15 – 26, '24 11 Days. Branch 98 Cost \$844 - \$944 - \$1074 - \$1424 -

\$6083pp. depending on cabin. Highlights: Departs from and returns to San Francisco, ports of call Cabo San

Lucas, Mazatlán, Puerto Vallarta, Manzanillo. **Contact Katherine Gervais Branch 98. 916-337-1623**

Kathig@shipsandtrips.com

Prague to Budapest River Trip November Dates: 11/6/24 thru 11/20/24

Serenade A: \$3995 / Serenade B: \$3895 /Sonata C: \$3795 Sonata D: \$3695/Cantata E: \$3595 /Cantata F:

\$3495/Prelude G: \$3395/Prelude H: \$3195/Air from SFO: \$1100. **Ports and cities:** Prague, Linz, Krems,

Vienna, Bratislava, Budapest. **Pre-trip US departure date: 11/1/24. Post-trip to Budapest return date:**

11/23/24

Dresden and Berlin: \$995pp PRE-TRIPM - Warsaw and Krakow: \$1095 PRE-TRIP. Budapest: \$745

POST-TRIP. **Contact Milt Smith 925-258-2897 ASAP for more info. miltsmith549@gmail.com or book**

directly Group Code G4-23630 call 1-800-221-2610

Panama Canal Cruise San Francisco to Ft. Lauderdale. Jan. 20 – Feb. 5, 2025 17 days. Cost from \$4,185 -

\$6,295 depending on cabin choice. Ports of Call: Puerto Vallarta Mexico, Puerto Quetzal Guatemala,

Puntarenas Costa Rica, Fuerte Amador Panama, Full Transit through the historic locks, and Cartagena

Columbia. Includes transfers from Modesto to Port of San Francisco and airfare from Ft. Lauderdale to

Sacramento. For more information **contact John Cordoza 209-483-7722**

johncordoza@hotmail.com Branch 143

2024 SIR Branch 176 Officers:					
Big SIR Larry Doherty ldohrebl@mindspring.com 707-484-5308		Little SIR Thomas Palmer Palmer.ts@gmail.com 619-920-9175		Secretary Dave Harrison harrisod@sonic.net 707-638-8155	
Assistant Secretary Jerry Culver so.done56@yahoo.com		Treasurer Garry Trojanowski garryski@att.net 203-988-5366		Assistant Treasurer Howard Blethen HT552@yahoo.com	
2024 Directors					
<i>1 Year Term</i>			<i>2 Year Term</i>		
Ed Peoples	Tim Senkir	Gary Jensen	Chris Roach	Wayne Lindahl	Ward Thompson
2023 Activity Coordinators					
CRIBBAGE Ron Nordstrom 707-338-6363		ATTENDANCE Ron Nordstrom 707-338-6363		MEMBERSHIP Larry Doherty 707-484-5308	
TRAVEL Stewart Morgan 707-545-4957		GOLF Frank Treanor 707-322-7217		BOWLING Dave Harrison 707-638-8155	
COUPLES DINNER Wayne and Maryl Lindahl 707-837-2816		BOCCE BALL Stewart Morgan 707-545-4957		RECRUITMENT Gary Jensen 707-337-8380	
SONG LEADER Tom Hasco 707-544-4445		NEWSLETTER Tom Palmer 619-920-9175		WEB PAGE Jim Tubbs drdelta91@gmail.com	
SIR State President Dale Decker			SIR Area 13 Governor (temp) Rick Kindle rick@kindleandassoc.com		

