



## SIR Branch 176 Windsor Winds Newsletter for November 2024

### SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), or [State Webpage](#):

#### **Windsor Branch 176**

Monthly Luncheon Meeting Every 3<sup>rd</sup> Wednesday  
Charlie's Restaurant 130 19<sup>th</sup> Hole Dr. Windsor CA  
Charlie's lunch is \$23.00 (plus \$1 table tip if you wish)

#### ***Windsor Winds Edition***

November 2024  
Volume 29 Number 11

### **Big SIR – Larry Doherty**



Just an update, we have a new area representative. His name is Chris Nelle and he is from a Santa Rosa branch. I wish him the best of luck in his new position and promise to support him as best as I can, well at least for the next two months. He will be visiting us at the next luncheon.

And thanks to Tom Palmer, who has been attending the state meetings on our behalf. Hopefully, he has included a little information about what he has learned.

Charlie's cook Robert came through with another fabulous meal for this month's luncheon. Luckily he came in the room to check on us and was giving a nice round of applause from all that were present.

We welcomed our newest member, Peter Vigil, who happens to be my neighbor--yes, poor guy. Peter has been in Windsor for 5 years and was formerly a member of the Redwood City branch. Once again, welcome to our branch Peter.

And for those of you wanting to make cuts in the lunch line next month, I will be calling out those of you who celebrate their birthday not only in November but also December.

I presented a Certificate of Appreciation that recognized those SIRs who have

been with the Windsor Branch for over 20 years, which included Mike Berry, Tom Devitt (I have yours Tom), and Ward Thompson. Even more remarkable was I was able to hand out certificates to two SIRs who have been a member for 25 years, Pat McDermott and John Young. They are an inspiration to us all.

I would like to give a shout out to Frank Treanor who has been doing a fabulous job on our behalf for this upcoming Christmas party. Please get your forms filled out about your intentions to come. I am anticipating a great time for all that do attend.

Next month I will be honoring all those of you who are veterans. A special thank you will be presented (raffle tickets) to whoever served the longest. Home of the free because of those who served.

### Little SIR – Tom Palmer



In October 39 members showed up at our Luncheon. Not bad, not great. Some SIR branches insist that each member inform as to whether or not they will show, and if they say they will and don't, then they are expected to pay as if they had. This type of rigid management may be necessary for them, but is something I very much would like to avoid. Accordingly, I know most of you have never been informed of how the luncheons are managed, but perhaps you should be. Here's what happens: We don't give Charlies an exact and different number of attendees each month. Instead we just go by a general agreement between them and us. We agree that we will be charged for a minimum of 40 persons/lunches, and they agree to provide a bit more food than that, just in case there are more than 40. Hence, when we have 35 folks show for lunch we write Charlie's a check for \$920 even though we may have collected only \$805.00. (Example from September). That money is wasted money we never get back. So when we say "please attend the luncheons if possible" there are numerous reasons and not wasting money is one of them. See you for lunch on November 20<sup>th</sup>. Additionally, please come and **meet & greet our new Area Representative, Chris Nelle** who is doing his official branch visit.

Finally, looks like Frank has put together a great Holiday party. I'm sending another flyer, so please fill it out and get it to Frank. We need to tell Charlies approximately how many want Salmon vs Steak vs Eggplant so they have an ideal what to order. Your timeliness is appreciated.

## Chris Roach – Friendship Report



Only 1 get well card and that was to Rich Laucks.

Please get your flu & Covid vaccines **now!**

## ABOUT THE HOLIDAY PARTY:

This year's Holiday Party is set for **December 12<sup>th</sup>** at Charlies Restaurant in Windsor. We have 38 signed up so far. In the interests of trying to ensure everyone gets a warm meal, the type of service depends on our numbers. If we have under 50, the food will be served plated; if we have over 50 we will have buffet service.

Great news, Mr. Music will attend and play music for us.

Hope to see you there. The flyer will be resent by Mister Palmer, our great communicator. Please get them (check and meal choices) to me ASAP.

## Gary Jensen – Recruitment

Recruitment: We still have a goal of at least 80 members by year's end, 2 more to go, so let's spread the word.

For Coffee (John Fineren): Interest in the Tuesday Morning 9am coffee session is very busy. Please don't forget to invite a friend.



Coffee at the senior center 10-29



## **HAPPY BIRTHDAY THIS SEPTEMBER TO:**

Steve Backman, Allen Cunningham, Larry Doherty,  
Stewart Morgan.

### **Golf: Jerry Culver & Frank Treanor**



**Frank T, Jim N., Ron N.**



**Harold M, Frank T & Jim N.**

Last week we had 14 players and also the return of Mike Berry to the course; Welcome back, Mike.

Ron Nordstrom shot a 90 with a net 64 and won the flight; well done, Ron

It will be getting a little colder and darker in the mornings, testing our commitment to the game and to the club; get a coat and keep swinging.

## **DON'T MISS OUR LUNCHEON GUEST SPEAKER ON 11/20:**



**SIR JIM TUBB**

**AI** (Artificial Intelligence) has been in the news a lot lately. Will it be the savior of mankind or the method of human destruction? Come find out what AI is, what it can be used for along with the benefits and threats associated with it. More immediately, how you can best use it to make your life easier. Our speaker this month will be our own Jim Tubb who will explain what you need to know about AI.

## **THANKS TO OUR SEPTEMBER LUNCHEON GUEST SPEAKER:**



**CALVIN SANDEEN**

Calvin gave an interesting talk about the work of the non-profit “WiConduit” and their efforts to bring better communications to remote and poor areas in our county. They also conduct training on the use of their broadband radios in emergencies and provide these radios to those in attendance (Two trainings this year in Windsor alone). So keep your eyes open for more trainings or check out their website at: <https://www.wiconduit.org/>

**WELCOME OUR NEWEST MEMBER:**



**PETER VIGIL**

I was born in San Francisco's Mission District, grew up in the City and went to school in the Bay Area: Cal, USF, San Jose State. I studied biochemistry at Berkeley (1969), got an MS at USF in biology and an MA in Library/Information Science at SJSU. My first professional job was at Sonoma State as the Science Librarian from 1975 to 1979. Which is why my wife, Sybil and I are here now. I loved Sonoma County and always wanted to come back (just love the Washoe House). After numerous jobs around the country, I finally returned by working for PricewaterhouseCoopers, where I spent 17 years then retired in 2014. In 2017 I un-retired and got a position at UCSF as the Clinical Literature Coordinator for the Appropriate Imaging Coalition until this last January. Now I'm really retired.

On the personal side Sybil and I have two daughters one lives in Miami and the other in Brazil. The older daughter, Adriana, in Miami is a corporate flight attendant. She has three kids. The youngest son, Leandro, is finishing up at Florida State in computer science. Our younger daughter, Analia, is a neuroscience professor at the University of Sao Paulo and lives with her neurosurgeon partner, Guillermo, and their 9-year-old daughter, Mila (going on 19).

Sybil, btw, was an administrator for Sutter Health's Mills Peninsula Hospital (pharmacy) for 30+ years. She was born in Naples, Italy, raised in Buenos Aires, Argentina, and came to the USA at 17. Sybil and I have been in Windsor since 2019 coming here from Redwood City.

As for SIR, I think it's a great organization with great guys. I was a member for 10 years with the Redwood City SIR #1 and had lots of fun. I'm glad to be back with the brotherhood.

Cheers!

## **Couples Dinner (Not an official SIR Activity)**

### **Couples Dinner- Jim Neal**

Hello fellow dining enthusiasts; The couples dinner is on hiatus for the months of November and December. We will restart in January. Hopefully the break will give time to find some new venues. In the months with limited daylight we will be staying close to home, and stretch out during the summer.

Wishing you all a great Thanksgiving and be sure to make reservations for the SIRS Christmas party. Sounds like it's going to be a good one!

## **Bocce Ball - Stewart Morgan**



**Helpers Nick & Ken**

**Bocce Ball at the Senior's Center Thursdays at 10:00am. All are welcome.**

Special thanks to Steve DLM for getting the oyster shells, bringing the tools and soliciting some help from another players group. On Tuesday, October 22 the work group which included Steve DLM, Howard Blethen, Tom Palmer with folks from a Tuesday playing group (shown above) made the bocce ball court a thing of beauty. Money well spent and the hard work, well worth it. Thinking of playing? Come on out.



## **LIKE TO PLAY POOL, DARTS, SHUFFLEBOARD?**

**Game time will be twice monthly on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month (November 5 & 19) from 3pm to 5pm.**



Definitely a bunch of amateur pool payers, but it was fun!

## **3PM Friday Happy Hour**

If you are free, come chat and enjoy a cold beverage. The schedule for November is: 11/1 Flagship; 11/8 Publican; 11/15 Barley & Bine; 11/22 Lupe's; 11/29 Cu'Ver. Note: If it's raining, we may need to improvise, so be on the lookout for additional notices Thursday evening or Friday morning.



## SPECIAL PROFILE: CHARLIE BOYD



I was born in Texas, and we moved to California when I was four. We settled in Marin County, and my Dad commuted to San Francisco working as a proof reader and Lynotype operator for the Chronicle. Needless to say, punctuation and spelling were important growing up. I had two older sisters, both graduated from Drake high in San Anselmo. When I was 14, my parents bought a new home in Petaluma, and I attended Kenilworth Junior High and Petaluma High School. I joined the Navy in 1969, and was honorably discharged in 1973 after doing two Westpac tours to Viet Nam. I was a Quartermaster, or in layman's terms a navigator. My wife still enjoys reminding me of that when I get lost.

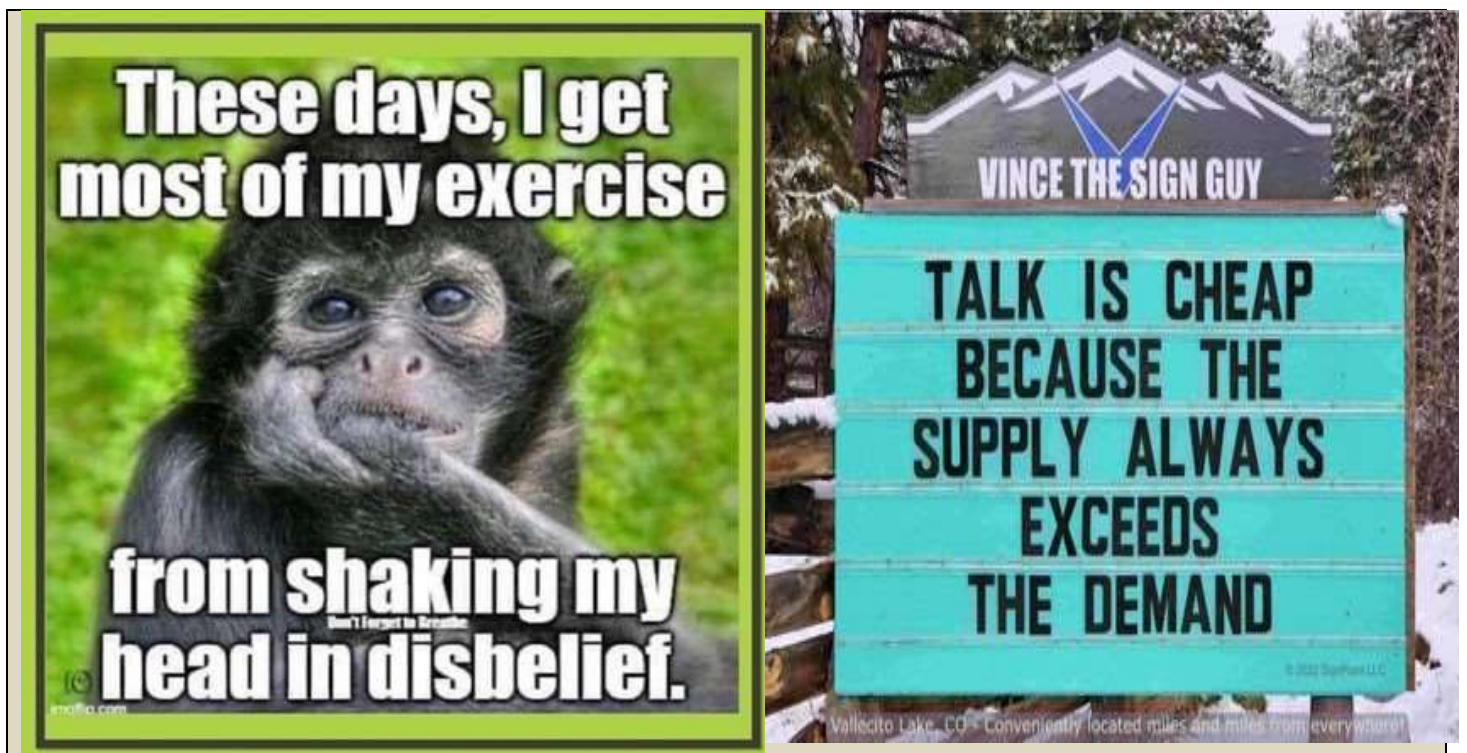
After coming home I knocked around doing construction work until I decided to go back to school. I used all of my GI bill school benefits and earned a degree in Respiratory Care. My first job as a therapist was at Memorial hospital in 1977. I've worked in most of the area hospitals at one time or another, but settled in at Warrack Hospital where I worked for over 20 years. When Sutter bought Warrack, I went into Pulmonary Function testing and then became the director of the Pulmonary Rehab Program, the most rewarding job I ever had. Unfortunately Medicare quit reimbursement for Pulmonary rehab and Sutter shut down the program. I finished my career in the pulmonary lab after 38 years in the profession.

I've always loved baseball. I played as a kid, on a Navy team, and started playing softball when I got out of the service. It was a big part of my life. I played on a tournament team until I was in my mid 40's and my knees finally gave out. At one point I was playing about 120 games a year. All of my long term friends I met playing ball, including my wife. Since then, I've been an avid fisherman and collect old motorcycles. I used to fish all over Northern California and Oregon until I sold my boat a few years ago. I still go on long range tuna trips out of San Diego, getting on the boat and going out for 8 or 10 day trips for Tuna, Wahoo, Yellowtail and grouper. So far, my biggest is a 201 pound Bluefin Tuna. I've been lucky enough to be married for 37 years to the love of my life. We have a son and daughter, and three grandkids, who are local and a big part of our lives. My wife is a travel junkie, and I'm along for the ride. She plans the trips, I roll the luggage. We have been very fortunate, and plan to keep traveling as much as we can while we can. Looking back at that scruffy kid in a tract house in Petaluma, my life has exceeded my expectations. I am indeed a lucky man.

## DID YOU KNOW?



## FOR THE LIGHT HEARTED:



**Procrastination is  
totally a good  
thing. You always  
have something to  
do tomorrow, plus  
you have nothing  
to do today.**



**EATING,  
NAPPING,  
NO TEETH,  
TOILET  
TROUBLES  
BEING A BABY  
IS JUST A  
PRACTICE RUN  
FOR OLD AGE.**





IT'S BETTER TO  
GROW OLD WITH  
A SENSE OF  
HUMOR THAN  
TO GROW OLD  
WITH NO SENSE  
AT ALL

Imagine you're traveling and opening your passport at the airport and boom!!!.... 🤔🤔🤔



A moment of tension in Vatican.  
If the bishop moves forward the  
queen can take him.



# OTHER COMMUNITY ANNOUNCEMENTS:

(Non SIR Activities)



Youth and seniors can still ride free on SMART trains throughout Sonoma and Marin counties under a new pilot program that started April 1.

According to a recent announcement, the program runs through June 30, 2025, and allows youth 18 and younger and seniors 65 and older to board any SMART train, any day of the week and ride fare-free. Youth and seniors are not required to have a Clipper Card or to use the SMART eTickets app, to reduce any barriers to entering the transit system.



**Once a month**, date varies, this month it is **NOVEMBER 18<sup>th</sup>**. All SIR and their spouse are welcome to start the “work” week with Margherita Monday – a chance to sample the best frozen margheritas in Windsor. Starts sharply at 4PM Castaneda’s Market Place.

Every Saturday morning (8:00-10AM) Jose Castaneda hosts a **FREE breakfast for veterans** at Castaneda Marketplace; 8465 Old Redwood Highway. This "Castañeda's Breakfast Brigade," provides veterans a place for connections, camaraderie & friendship

<https://www.facebook.com/CastanedasMarket>



Keep an Eye Out for notices from Len Schwer about Margarita Monday and other community events. For additional information contact Len Schwer at: [Len@schwer.net](mailto:Len@schwer.net)

## STEWART MORGAN –TRAVEL

If you are interested or have questions please contact Stewart at [stwrvmorgan@gmail.com](mailto:stwrvmorgan@gmail.com)



**2024**

**Prague to Budapest River Trip November Dates: 11/6/24 thru 11/20/24**

Serenade A: \$3995 / Serenade B: \$3895 /Sonata C: \$3795 Sonata D: \$3695/Cantata E: \$3595 /Cantata F:

\$3495/Prelude G: \$3395/Prelude H: \$3195/Air from SFO: \$1100. **Ports and cities:** Prague, Linz, Krems,

Vienna, Bratislava, Budapest. **Pre-trip US departure date: 11/1/24. Post-trip to Budapest return date:**

**11/23/24**

Dresden and Berlin: \$995pp PRE-TRIPM - Warsaw and Krakow: \$1095 PRE-TRIP. Budapest: \$745

POST-TRIP. **Contact Milt Smith 925-258-2897 ASAP for more info. [miltsmith549@gmail.com](mailto:miltsmith549@gmail.com) or book**

**directly Group Code G4-23630 call 1-800-221-2610**

**Panama Canal Cruise San Francisco to Ft. Lauderdale. Jan. 20 – Feb. 5, 2025 17 days. Cost from \$4,185 -**

**\$6,295 depending on cabin choice.** Ports of Call: Puerto Vallarta Mexico, Puerto Quetzal Guatemala,

Puntarenas Costa Rica, Fuerte Amador Panama, Full Transit through the historic locks, and Cartagena

Columbia. Includes transfers from Modesto to Port of San Francisco and airfare from Ft. Lauderdale to

Sacramento. For more information **contact John Cordoza 209-483-7722**

[johncordoza@hotmail.com](mailto:johncordoza@hotmail.com) Branch 143

2024 SIR Branch 176 Officers:					
<b>Big SIR</b> Larry Doherty <a href="mailto:ldohrebl@mindspring.com">ldohrebl@mindspring.com</a> 707-484-5308		<b>Little SIR</b> Thomas Palmer <a href="mailto:Palmer.ts@gmail.com">Palmer.ts@gmail.com</a> 619-920-9175		<b>Secretary</b> Dave Harrison <a href="mailto:harrisod@sonic.net">harrisod@sonic.net</a> 707-838-8155	
<b>Assistant Secretary</b> Jerry Culver so.done56@yahoo.com		<b>Treasurer</b> Garry Trojanowski <a href="mailto:wskigarryski@att.net">wskigarryski@att.net</a> 203-988-5366		<b>Assistant Treasurer</b> Howard Blethen HT552@yahoo.com	
2024 Directors					
1 Year Term			2 Year Term		
Ed Peoples	Tim Senkir	Gary Jensen	Chris Roach	Wayne Lindahl	Ward Thompson
2023 Activity Coordinators					
Pool-Game Night Tom Palmer (temp) 619-920-9175	ATTENDANCE Ron Nordstrom 707-338-6363	MEMBERSHIP Larry Doherty 707-484-5308	FRIENDSHIP Chris Roach (707) 490-8510		
TRAVEL Stewart Morgan 707-545-4957	GOLF Frank Treanor 707-322-7217	BOWLING Dave Harrison 707-638-8155	COFFEE CLUB John Fineren 707-838-3686		
COUPLES DINNER Wayne and Maryl Lindahl 707-837-2816	BOCCE BALL Stewart Morgan 707-545-4957	RECRUITMENT Gary Jensen 707-337-8380	GREETER John Fineren 707-838-3686		
SONG LEADER Tom Hasco 707-544-4445	NEWSLETTER Tom Palmer 619-920-9175	WEB PAGE Jim Tubbs <a href="mailto:drdelta91@gmail.com">drdelta91@gmail.com</a>	COFFEE COORDINATOR John Fineren 707-838-3686		
<b>SIR State President</b> Dale Decker			<b>SIR Area 13 Governor</b> Chris Nelle <a href="mailto:nelleval@hotmail.com">nelleval@hotmail.com</a> 916-205-1717		

