



SIR Branch 176 Windsor Winds Newsletter for August 2026

SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), or [State Webpage](#):

Windsor Branch 176

Monthly Luncheon Meeting Every 3rd Wednesday
Jimmy's Lakeside Grill, 130 19th Hole Dr. Windsor CA
8/19 Lunch is \$30.00

Windsor Winds Edition

August 2026
Volume 33 Number 8

Big SIR – Steve De La Montanya



Hello fellow SIR members, here we are in the throes of a nice summer. Great golf weather and the members are feeling the heat at bocce. A good size group is showing up for Bocce, and both courts are being put to good use. Charlie Boyd has stepped up to take lead for the group, and several other members are showing up early and helping to improve the courts surface for better play.

We have several members bringing fresh vegetables to the Tuesday coffee meetings. Len and others are growing some top-notch produce to share. Please show up, the conversation is lively and you can't beat the price or quality on the vegetables.

We had a nice luncheon in July with a bit of a light turnout of members in attendance. Len introduced us all to Jose Castenada and enlightened us to his contributions to the community.

I am anticipating another nice luncheon for August and hope to see a little rebound in the membership attendance.

Sadly, we will be marking the passing of a long-time member and friend to many as we lost *Gary Jensen* this past week. We will take moment to remember him and ring the bell for our friend.

I Look forward to seeing everyone at coffee and at our next BEC and Luncheon meetings August 19th.

If you have concerns, please attend the meeting so your voice is heard.



Little SIR – Bruce Okrepkie

In July we had Jose Castanda as our guest speaker. Len Schwer interviewed Jose and had a great conversation on the humanitarian efforts Jose does besides having one of the finest grocery stores in Windsor.



Thanks Len for your help

In August we will have Cal Fire here. It's that season and I'm sure they will have a lot to say.

September, Olivia Lemen will be out guest speaker. Olivia is Windsor's Director of Parks and Recreation.

October, Nolan Sullivan the Director of Health Services will be our speaker. He will speak on Measure O - Mental Health, Addiction and Homeless Services.

November Sonoma Clean Power will be our speaker.
Then it's Christmas!!!

Lastly, If you have a suggestion for someone to become Little Sir next year please let me know.

That's all folks,

Bruce Okrepkie

Chris Roach – Friendship Report



Sorry to announce **SIR Gary Jensen** passed away. We will receive notice of any plans for a memorial & pass them along.

A member signed Get Well card was sent to Gary earlier and a Sympathy card was sent to his family.

Finally, if you need a ride to the monthly SIR Lunch meeting, we have volunteers to drive. If you don't know who they are, then just text or call me at 707-490-8510.

MEMBERSHIP –LARRY D.



Wow, what a remarkable 250th celebration. I hope you all had a great 4th. Our numbers are at 88.

Have a great luncheon, as I won't be there. The sign says "Gone Fishing."

HAPPY AUGUST BIRTHDAY TO:

HOWARD DANIEL; PETE FRISCH; BILL GILLASPY; DAVE HARRISON, JIM HENRIKSON; GARY JENSEN; RICH LAUCKS; DON McCORQUODALE; PAT McDERMOTT; JOHN NELSON; JIM STRANGE; LARRY THOMPSON; WARD THOMPSON; JIM TUBB; JOHN YOUNG.

PRIVACY & THE WEBPAGE

WWW.WINDSORSIRS.ORG

Having your photo and some background information about you on the web page is completely voluntary. If you don't want it there for either privacy or security reasons, tell or email Jim at drdelta91@gmail.com. He will remove it; otherwise if we don't hear from you **we are assuming consent.** Please review the web page <https://windsorsirs.org/> and what is there, and if you want something added, deleted or changed, again let Jim know.

Finally, if you've never provided a full **bio. for the newsletter** and would be willing to do so, please contact Gary Good at gary.good@comcast.net. Gary is graciously helping Tom Palmer with that segment of the newsletter.

WELCOME OUR TWO NEWEST MEMBERS:



DENNIS PARK

Dennis was born in San Jose & grew up in the San Carlos area. He is a veteran having served in the Navy during the Vietnam War. He is currently a real estate broker who loves golf, traveling and hiking.



Stanley Friedman

Stanly may be our most senior new member of the year with a birthdate in 1933. He is an Air Force veteran who got his BA at San Diego State and his law degree at Hastings. He has retired from being a lawyer and currently enjoys his photography hobby.

TUESDAY MORNING COFFEE 8:45-9:45

Good attendance at the Tuesday Morning 8:45am coffee session at the Senior Center continues. Now in 2026, the Senior Center has a new time schedule

which slightly affects us, hence the time change. Please don't forget to invite a friend.



3PM Friday Happy Hour



You may notice the schedule has changed. That's because we are simplifying for the summer: Yes, I know it's agathokakological. For the month of **JULY**:

8/7 Jimmy's (Save \$, let bartender know you're from SIRS)

8/14 Russian River Brewery

8/21 Barley and Bine

8/28 El Gallo Negro (Inside bar area/order with bartender)

Bocce Ball - Stewart Morgan:



Finally, Stewart has kindly been coordinating this activity for years (Thanks Stewart) and he's ready for a change; and thank you Charley for stepping up.

Golf: Paul Hanson & Frank Treanor



We had 11 yesterday with beer after. It was hot but a good day, if you want to sign up text Paul at 707-291-4347.

LIKE TO PLAY POOL, DARTS, SHUFFLEBOARD?

Game time is every Tuesday from 3pm to 5pm. at Racks-N-Cues 88928 Lakewood Dr.



Thanks to the owner Darrell, who took the time to give us some pointers and group lessons. We have a good partnership with this business and it's a good place for us to support by showing up and playing. Plus, it's really a lot of fun!



NEXT OPPORTUNITY IS 8/6 @2PM*



Photos from the June 4th volunteer group. Over 400 boxes packed.

To clarify, this is not a “Sir’s Activity”, it’s a foodbank activity in which we assist, therefore, women/friends are absolutely welcome and encouraged to participate.

We will have a group going over once a month on the 1st Thursday of every month from 2-4pm. **The next service opportunity will be on June 4th, if you haven’t been getting my foodbank sign-up emails and wish to volunteer, please email me immediately at: palmer.ts@gmail.com**

Couples Dinner

Jim Vick

The August Dinner will be:
Thursday August 13th at Salt and
Stone 9900 Hwy 12, Santa Rosa
@5:30pm

If you wish to attend future ones, but
haven't been getting the emails about
them, please email Jim at:

jvick1497@gmail.com

The July Sirs Dinner was Thursday July 9
at 5:30 at Tisza Bistro, 165 Healdsburg Ave.,
Healdsburg, CA. 12 couples attended.



IN PROFILE:



"COACH" BILL HOGAN

Some people build careers; others build institutions. **Bill Hogan** belongs to the latter group—a leader whose path echoes that of figures such as **John Wooden**, who blended coaching mastery with academic influence, and **Condoleezza Rice**, whose lifelong connection to both higher education and athletics shaped national conversations. Like them, Bill forged a career where sports, education and leadership were never separate pursuits but mutually reinforcing drives.

Raised near his father's small airport outside Cincinnati—where his father flew P-51s and Wacos as a stunt pilot—Bill grew up in an environment defined by precision, discipline, and the thrill of performance. Those early lessons carried him through a lifetime in collegiate athletics and business education.

After earning his undergraduate degree from Saint Joseph's College in Indiana, Bill stayed on to become Athletics Director, Men's

Basketball Coach, and a tenured Professor of Business Administration. He later completed both a Master’s of Business Education and a Master’s in Sports Management at Bowling Green State University, deepening the academic foundation that would shape his leadership style.

Bill spent 15 years coaching high school and college sports, followed by an extraordinary 35-year career as an Intercollegiate Athletics Director—a tenure that included major roles at Saint Joseph’s College, the University of San Francisco, and Seattle University, where he also served as an Adjunct Professor of Business Administration. His influence extended far beyond the court: he became a mentor to young professionals, a steady hand in university leadership, and a respected voice in collegiate athletics.

His achievements earned him multiple Hall of Fame inductions, including NACDA and Butler County, Ohio, as well as honors from Saint Joseph’s College and Hamilton Badin High School. He named NCAA Division I Regional Athletic Director of the Year, Joseph’s College Professor of the Year, Alumnus of the Year, and a Scholarship Dinner Awardee—a testament to his ability to excel in both athletics and academics.

“Be more concerned with your character than your reputation. Your character is what you really are.”
--JOHN WOODEN

was

Saint
Year,

As an athlete himself, Bill played high school and college basketball, serving as co-captain of the 1974 Saint Joseph’s team that won the NCAA Division II Regional Championship.

Bill and his wife, Sally, have been married for 51 years. Sally—who graduated magna cum laude from Miami University—continues to work as a Budget Manager at Seattle University. Their daughter, a former Student Body President and Valedictorian at the University of San Francisco, went on to graduate from Harvard Law School and now serves as General Counsel for a high-tech AI firm in San Francisco. Bill and Sally are also the proud grandparents of Luca Aurelius Holmes.

After retiring in 2019, Bill remained deeply engaged in civic life, becoming active in Seattle politics before relocating to Windsor to be closer to his daughter, son-in-law, and grandson in Sausalito. Through every chapter of his life, Bill has lived by a simple motto—one that reflects both his competitive spirit and his educator’s wisdom: “Take advantage of your advantages.” It’s Bill’s way of “being all you can be” that has served him well.

TRAVEL FROM STATE SIR:

16 Night Hawaiian Island Cruise aboard Ruby Princess round trip from San Francisco: Oct. 23 thru Nov. 8 '26 From \$3,750 to \$6,055 pp. depending on cabin. Ports of call Hilo, Kahului, Maui, Honolulu, Oahu, Nawiliwili, Kauai, and Ensenada Mexico. Contact John Cardoza area 18 branch 143 209-483-7722 john@storageauctionexperts.com

LINK: <https://sirinc.org/uploads/travel/2026HawaiiCruise.pdf>

Crossroads of the Adriatic with Overseas Adventure Travel: Departure date: May 4, '27 return May 21. There is a pre-trip available to Albania. Until it fills single traveler supplement is free. This will be a great trip exploring Croatia, Montenegro, Bosnia & Herzegovina and Slovenia. Prices, including airfare start at \$7,750. This is a small group of no more than 16. We need to get 12 from SIRs to keep our group. Deadline is end of July. Signing up now can also result in some good discounts. When you sign up be sure to use our group code: G7-23630 SIR 146 and let me know. If you have any questions of any kind please contact me ASAP by email, phone or text...I do all three. CrossroadsadriaticSIR146.pdf Milt Smith Branch 146 925-285-2897c miltsmith549@gmail.com

Christmas on the Danube with an extra 2-day Christmas Markets of Prague extension. Nov. 27-Dec. 8, 2026 Six-night Danube River Cruise including Christmas Markets in Vienna, Wurzburg, Rothenburg, Nuremberg, Regensburg, Passau, Wachau Valley, Gluhwein Party. Pricing: \$5896-\$7497 pp, dbl. occupancy. Contact: Bill Britton Br. 101. bill.britton@comcast.net (925) 200-1062.

LINK: <https://sirinc.org/wp-content/uploads/Christmas2026OnTheDanubeCollette.pdf>

DID YOU KNOW?

Venus is the only planet that spins clockwise. Every 225 Earth days, Venus [travels around the sun](#), but Venus rotates clockwise once every 243 days.

IN THE COMMUNITY:

Decka 9 House Concerts Summer Schedule

AUGUST 7, 2026 - MAX GOMEZ



AUGUST 30, 2026 - SAN LYON

OCTOBER 2, 2026

**FLAGSHIP ROMANCE
&
THE ROUGH & TUMBLE**



HOST DETAILS

If you are interested call: Barbra & Sir Charlie Boyd
[\(707\) 529-4093](tel:(707)529-4093)

HOST NOTE

Please join us for a house concert featuring the above performers.
Potluck beginning at 5:00pm, with the show starting at 6:00pm. We will provide water, juice, sodas and dessert. BYOB

The artist suggested donation for these shows is \$25, in cash or Venmo (@Barbra-Boyd) at the door.

Address will be sent a week prior to confirmed guests.



Healdsburg Senior Center



Join us for the Healdsburg Senior Center's first-ever Car Show Social!
Proudly hosted with the Friends of the Senior Center Volunteers Inc.

Enjoy cool cars, live music, and a hot-dog dinner for \$10.
Adults 21+ can purchase beverages from the Friends - bring cash & ID.
The beautiful Foley Pavilion will be open with tables available for eating
and socializing. If you'd like a guaranteed place to sit during the show,
remember to bring your own folding chair.

Check out the cars, dine, and dance with us!

**Friday, August 21st from 4 pm – 6 pm at the
Foley Family Community Pavilion**



THE HEALDSBURG SENIOR CENTER
133 Matheson St. Healdsburg, CA. 95448
(707) 431-3324 | senior@healdsburg.gov



USAF Commanders Jazz Ensemble



United States Air Force Band of the Golden West

Commanders Jazz Ensemble

September 22nd
7:30 pm

Free Admission
Ticket Required

Sponsored by
Eddinger
ENTERPRISES Inc.
GENERAL CONTRACTORS
HEALDSBURG
CA 94021

Dates:

Tuesday, September 22, 2026

Time:

7:30 PM; Doors open at 6:30 pm.

Price (includes fees):

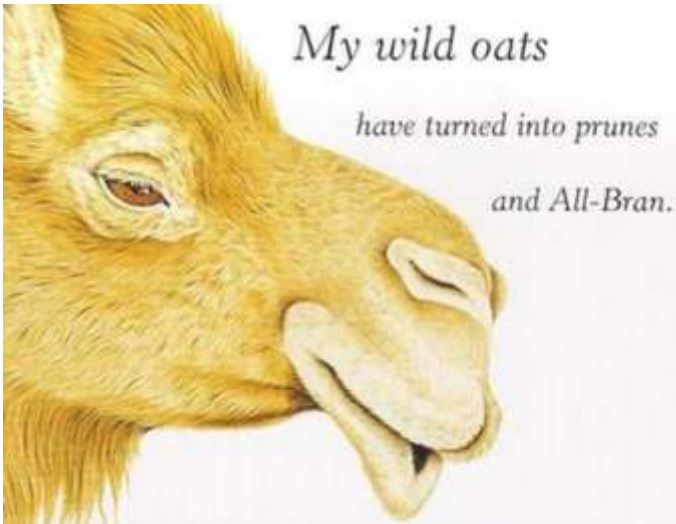
Free admission, but ticket required.

Maximum 4 per person.

Doors open at 6:30 PM.

Please email us if you need wheelchair accessible spaces so we can reserve it: events@raventheater.org. For people using walkers, the back row is most suitable as it has more leg room.





2026 SIR Branch 176 Officers:					
Big SIR Steve De La Montanya 707-529-7522		Little SIR Bruce Okrepkie 707-484-0869		Secretary Larry Doherty 707-484-5308	
Assistant Secretary Thomas Palmer 619-920-9175		Treasurer Garry Trojanowski 203-988-5366		Assistant Treasurer Howard Blethen	
2026 Directors					
<i>1 Year Term</i>			<i>2 Year Term</i>		
Jerry Culver	Ron Nordstrom	Jim Tubb	Bob Wallace	Phil Bartels	Harold Minkin
2026 Activity Coordinator					
Pool-Game Night Bob Wallace 707-849-2345		ATTENDANCE Ron Nordstrom 707-338-6363		MEMBERSHIP Larry Doherty 707-484-5308	
FRIENDSHIP Chris Roach (707) 490-8510					
TRAVEL Stewart Morgan 707-545-4957		GOLF Frank Treanor 707-322-7217		BOWLING Dave Harrison 707-638-8155	
COFFEE CLUB John Fineren 707-838-3686					
COUPLES DINNER Jim Vick		BOCCE BALL Stewart Morgan 707-545-4957		RECRUITMENT Gary Jensen 707-337-8380	
GREETER John Fineren 707-838-3686					
SONG LEADER Tom Hasco 707-544-4445		NEWSLETTER Tom Palmer 619-920-9175		WEB PAGE Jim Tubb 707-484-7890	
COFFEE COORDINATOR John Fineren 707-838-3686					
SIR State President Fred Serena			SIR Area 13 Representative Chris Nelle 916-205-1717		

