



SIR Branch 176 Windsor Winds Newsletter for October 2023

SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), [State Webpage](#) and/or attend Tuesday morning coffee.

Windsor Branch 176

Monthly Luncheon Meeting Every 3rd Wednesday
 Charlie's Restaurant 130 19th Hole Dr. Windsor CA
 Charlie's lunch is \$22.00 (plus \$1 table tip if you wish)
 Reminder: Yearly Dues (\$24) can also be paid at lunch.

Windsor Winds Edition

October 2023

Volume 28 Number 10

Big SIR – Chris Roach



We welcomed two new members at our September lunch, **Steve De La Montanya and Jim Tubbs**. The theme for the lunch was “Wear your favorite NFL Team gear”. To no one's surprise the most support went to the 49ers! To my surprise, no Raider support at all! Steeler fans came in 2nd, Packers 3rd and various teams had one representative. Winners were rewarded by early placement in the lunch buffet line!

I attended the SIR State annual meeting via Zoom on August 31st. There were 103 on-line participants. Dale Decker will be the next SIR president. Area governor will be Rich Provost. District 10 director Bob Nadell is stepping down after two years of State service and is seeking a replacement within the District 10 branch memberships. 94 percent of State income comes from branch member assessments. The current State balance is \$72,000.00. \$50,000.00 is required for State insurance. Sir State may have to increase the branch assessment level in order to pay for required insurance coverage.

I also attended the SIR Area 10 meeting via Zoom that was held on September 6th. Two branches are healthy. Branch 76 is down to 28 members and may merge with Branch 17. Branch 176 remains healthy. Outgoing Area 10 governor Bob Nadell has issued a final report which will be included in this newsletter.

Phil Anderson Memorial Bench: The proposal to provide part of the funding for a Windsor Golf Course bench in honor of Late SIR Phil Anderson, in the amount

of \$410.00 to be taken from the Golf fund with Golf Fund Manager Mike Berry's approval, was approved by the BEC on motion. The remainder of the funding has been paid for by WGC and the WGC Men's Club.

Elections: This slate was elected by the membership without any nominations of others being received at the membership meeting of September 20th: Big Sir Larry Doherty, Little Sir Tom Palmer, Secretary Dave Harrison, Treasurer Garry Trojanowski, Assistant Secretary Jerry Culver, Assistant Treasurer Howard Blethen, BEC one year members: Ed Peoples, Gary Jensen, and Tim Senkir; BEC two year members: Chris Roach, Wayne Lindahl, and Ward Thompson.

Mark your calendars for **Thursday December 14th for our annual Holiday Party Lunch**. Tom Hasco is organizing the event. If you would like to volunteer please text Tom at (408) 406-4145.

Remember to check with your doctor or pharmacy for availability of the recent Covid, flu and RSV vaccinations. Be safe.

Invitation to BEC: Anyone interested in finding out what the BEC is and does is invited to join us. Especially new members and those interested in becoming a Director, Committee Chair or Officer. We meet before the lunch meeting, come anytime between 10:30 and noon. If you're an early bird (and we have many of them) please be patient with the guys selling lunch and raffle tickets. Since they are BEC members, please allow them to finish our meeting before approaching an empty table. Thank you.

Remember to get involved in some or all of the activities we sponsor: bowling, coffee meetings, golf, basket weaving, bocce, couples dinner, Friday afternoon Happy Hour, outings, and travel. Hope to see you at the next lunch meeting on September 20th and don't forget to wear your favorite NFL team gear!

Chris Roach – Friendship Report

A Sympathy card was sent to Pat McDermott on his wife's passing. A Get Well Card was sent to Dave Schleeter.

Little SIR – Larry Doherty



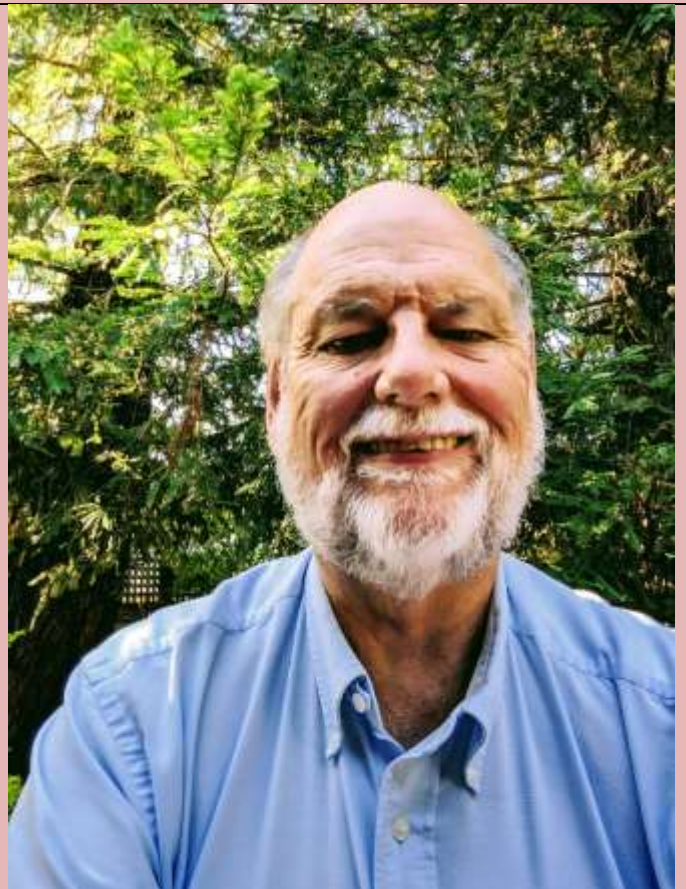
Hard to believe we are already into the Fall, as we see the leaves begin to turn and the roadways starting to fill up with trucks laden with grapes. We had a very energetic speaker this last luncheon, one that provided us with interesting facts about those who lost their lives here during World War II. Hard to believe over 80 airmen (Army, Navy, and Marines) died while training around the Windsor area. I hope to see a few more of you at the next luncheon, as the more we have the more jolly it seems to be.

Our Newest Members:

Steve de la Montanya & Jim Tubbs:



Steve De La Montanya



Jim Tubbs

Steve De La Montanya: Steve's family is from Marin County, he moved to Sonoma County in 1976, and to his current home in the Mark West Area 30 years ago.

He is married to his wife Sherry, they have 2 grown children, A son and a daughter, His son lives locally and has provided them with 3 granddaughters, Professionally, he worked in the fire service at Marin County Fire Dept, serving as a Fireman, and Fire Engineer/paramedic, before working his way through the ranks to finish his career and retiring from the position of Operations Battalion Chief, in 2005.

Steve then went to work for an Emergency Vehicle Manufacturer; this was shortly merged into a larger Corporation, and he was assigned to a division based in the Los Angeles area covering the western US, He retired in October 2021.

He moved up to the Larkfield area in 1985 looking to be in a place close enough to commute to Marin from but out of the fog. Lately, Steve has been spending more time fine tuning the garden, doing a bit of traveling and making a few barrels of wine with my neighbors

For a hobby he enjoys gardening, wine tasting/making, golf, and a little travel to vacation locations. With SIRS, he is looking forward to playing Golf, Bochy, and attending Social events.

Jim Tubbs: Jim was born in Anchorage Alaska but grew up in Redwood City. He is a widower and has two sons, one in Arizona and one in Virginia Beach. Collectively he has 8 grandchildren and 5 great grandchildren. His wife passed away in 2017 after 38 years of marriage.

Jim graduated from UC Davis which led to his first career. While a student he worked in the cafeteria and when he graduated there weren't a lot of jobs for liberal arts majors with a wife and two sons, so he got a full-time job as a cook in a student cafeteria. Jim had a boss who thought Jim had potential so the boss trained him for management. Jim went on to work at St. Mary's college, UC Riverside and ended up as the Food Service Director at the University of San Diego where he met his 2nd wife. They returned to the Bay Area where Jim went to work for a corporate food service company. He worked as a district manager. This led him ultimately to his second career as he was doing a great deal of repetitive work that he decided could be done better with a computer; so he began to learn about them. In 1985 they relocated to Healdsburg where they opened the Plaza Grill. Jim and his wife operated that until 1991. When they closed the restaurant it was the beginning of the computer revolution and there was no one in Healdsburg providing support to users, so he started Delta Computing from which he retired from in 2016.

Previously, back in 1993, They bought a house and moved to Windsor.

Jim is now the volunteer head of the Windsor Senior Computer Users Group and he drives for Windsor Wheels which provides free transportation for Seniors who no longer drive.

Jim's hobbies include reading, gardening, travel; and food and wine.

From Bob Nadell

ATTENTION AREA 10 LEADERSHIP OPPORTUNITY:

The SIR association provides many leadership opportunities within its organizational structure. The State central leadership lays the groundwork for the Area and Branch functions. I have served at both the branch and area levels in my eight-year history with SIR and I felt prepared for the Area 10 position serving a large portion of Sonoma County. In my two years as the Area Representative, I have focused my time on guiding 7 Branches to maintain, improve and grow. Attending lunch meetings, hosting Zoom meetings and frequent emails with Big SIRs was my primary method of maintaining contact. Even an occasional phone call was helpful. I have spent considerable time communicating with State Officers to better understand the organization. In this way I brought the most current advice to the Area 10 Board Executive Committees (BEC) and provided Branch feedback to State Officers. It is time for me to turn over the reins on Area 10 to another volunteer leader. I have completed my commitment and am ready to make the transition back to my local branch.

It is time for another local member to lead Area 10. I believe the best prepared leader for our area would be one that has served in the leadership of the local branch. If those characteristics fit you, please consider adding your name to the nomination list. The Area 10 Representative will be selected by the Big SIRs of our area soon. I am asking each Big SIRs to announce this need to its membership. Please provide the name and contact information to me, Bob Nadell (714-595-3627, nadellb@sbcglobal.net) to all those wishing to be considered for the 2024-26 Area 10 Representative position. An election will be held prior to the end of the year. Please talk with your Big SIR if you would like to serve the Area 10 SIRs or contact me directly for further information.

Thank you for allowing me to serve Area 10. I found my time on the job very rewarding.

THANKS TO OUR PRVIOUS GUEST SPEAKER, STEPHEN LEHMANN:



Among other things, Steve discussed the movement to provide a Windsor Town Green War Memorial Project to honor military pilots who perished in Sonoma County during war times. We appreciate his time and knowledge shared with us.



Golf-Mike Berry



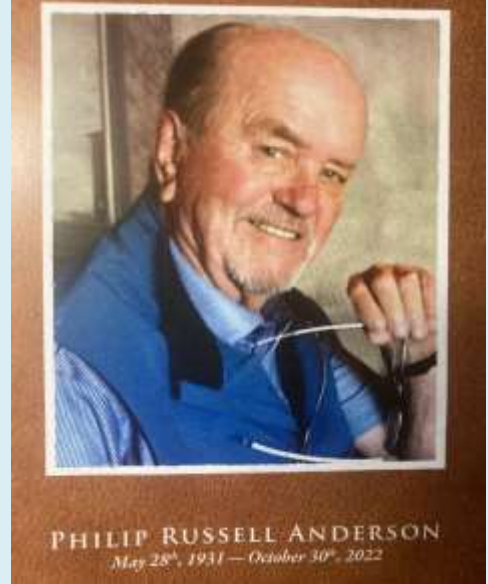
The pandemic pushed our special format golf tournaments into the background but we are back.

First special was '5 clubs only', won my John Young, with Jerry Culver, 2nd, and Ron Nordstrom, 3rd.

In September we are holding our 2-week Singles Tournament. Top 4 from week 1 battle for overall champion in week 2 (September 23). Everyone else plays our normal weekly low net format.

The top 4 from week 1 are Ron Nordstrom, Tony Rossi, Tom Devitt and Ward Thompson. Tom was playing for the first time in 2 years, a great comeback. Tony is new to the Wednesday SIRS 176 group, with a handicap the likes of which we have not seen before.

To join us you don't need to be a good golfer, just a person who enjoys the game. We usually begin arriving at 7:45. Prior to Wednesday, use the signup sheet at the golf course or call the golf course at 707-838-7888 to sign up for SIRS golf. The starter usually gets us out by 8:00. ***If you are new*** to the golf group, please show up at 7:45 and look for us. Since we look forward to playing with new members, we will certainly make adjustments to get you in.



Near the first hole there is now a bench in memory of Phil sponsored by both our Branch and the Golf Course. As many of you know, besides being a SIR member, Phil was a long time member of the golf shop check-in crew. He also never hesitated to use his position to recruit new members (like Mike Berry) to join SIRS. A fitting memorial indeed.

DON'T MISS OUR LUNCHEON GUEST SPEAKER:



A speaker from the 'We Act For Windsor' group will be our next guest speaker. The group consists of concerned citizens working to address the global climate emergency through local action. Their efforts are two-fold: 1) They invite friends and neighbors to join them in projects they believe can make our community a more resilient and sustainable place. 2) They also work with the Windsor Town Council to keep and expand their climate commitments. Members of "WeAct" represent diverse ages, backgrounds, and Windsor neighborhoods. 'We Act For Windsor' shares a common belief that positive solutions created at the local level can have impact globally, because by advocating for community resiliency and environmental sustainability on the local level, they can create undeniable and meaningful global impacts.

Couples Dinner (Not an official SIR Activity)



After a few last minute cancellations, we had nine couples enjoy the September Couple's Dinner at Americana in Santa Rosa's Railroad Square District. New SIRs member Greg Smith and his wife Terri were newcomers to our group and we hope to see a lot more of them at future dinners.

A wide variety of foods were served, from a spicy meatloaf dinner to breakfast foods, biscuits and gravy to chicken and waffles. Breakfast is served all day there. I enjoyed the meatloaf dinner with a glass of their house zinfandel. After finishing the meatloaf, I had no room left for dessert.

The traffic getting there by 5:30pm was lousy, so we will be looking for more places to eat in the north in the future, but it was still light when we finished and we could still drive home during daylight hours.

Bocce Ball - Stewart Morgan



Bocce Ball at Lakewood Meadows Park Thursdays at 10:00am. All are welcome.



Gary Jensen – Recruitment and Coffee

Recruitment: We brought in two new members last week. We may also have two new applications this coming week.

For Coffee: Sir Dave Schleeter who has been brewing the coffee is presently ill and unable to participate. Our thoughts are with Dave. **Sir John Fineren has agreed to be the new Tuesday Morning coffee coordinator.** Our thanks go out to him. Three weeks ago 31 Sirs attended coffee, two weeks ago 29 attended, a week ago 27 attended, and yesterday 20 attended. So interest in the Tuesday Morning coffee session remains high. Also our thanks to Sir Elias Zegarra who has been very helpful in supporting this program.



September 11th coffee at the senior center

Please invite a friend.

FOR THE LIGHT HEARTED:

**Getting old sucks.
I used to wake up
feeling like a
million bucks...
Now I feel more
like a bounced
check.**

**ALL MY
PASSWORDS ARE
PROTECTED BY
AMNESIA**



"Be decisive. Right or wrong, make a decision. The road of life is paved with flat squirrels who couldn't make a decision."

~Unknown~

SENIOR PEARLS OF WISDOM:

I've learned that pleasing everyone is impossible, but pissing everyone off is a piece of cake.

I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day.

Sometimes the Universe puts you in the same situation again to see if you're still a dumbass.

There is no such thing as a grouchy old person. The truth is that once you get old, you stop being polite and start being honest!



STEWART MORGAN –TRAVEL

If you are interested or have questions please contact Stewart
at stwrmorgan@gmail.com



SIR Branch Travel Chair Trips and News

Milt Smith State Travel Chair miltsmith549@gmail.com 925-285-2897c

September 2023

Ballroom Dance Cruise with Steve and Nancy Fontaine. October 7-14, 2023 Prices start at \$749 for interior stateroom. Round trip Los Angeles on Discovery Princess. 2-4 days of ballroom dancing and instruction. Contact Michael Gervais at 916-337-1623, sponsored by SIR Branch 98
kathig@shipsandtripstravel.com

Croatia and Its Islands. Sept. 24 – Oct. 7, 2023. Branch 101. Cost \$6,714 – 7,214pp depending on cabin. Highlights: Dubrovnik, 7-night Adriatic Cruise, Slano, Mljet National Park, Korcula, Vis, Bisevo, Blue Cave, Hvar, Bol, Trogir, Slit. Choice on tour; Sibenik, Cathedral of St. James, Krka National Park, Zagreb, Stone Gate. The price includes round trip flights from SFO, Travel Insurance and tips. 3 cabins still available (6 people max.) Contact Bill Britton 925-200-1062. bill.britton@comcast.net

Autumn Colors Oct. 13 – 22, 2023. Branch 143. Cost \$4,330pp. Boston to Boston. Includes air & bus transportation. **Highlights:** Boston, Mohawk Trail, Mount Washington. Contact Bill Stires 209-544-2684.
bstires46@gmail.com

[The Lion King, Matinee Wednesday December 13 Branches 7, 47 & 22. “The Musical of a lifetime!” Orpheum Theater SF. Departs San Rafael 10am returns 5:30pm \\$125pp. Includes luxury motorcoach, gratuity, hosted lunch at Max’s Opera Café and rear orchestra seating. Contact Ted Pullen 415-499-4610 tedpullen@comcast.net](#)

[Rose Parade & New Year’s Eve Dec. 30, 2023 – Jan. 4, 2024. Cost \\$3,375pp. Includes air fare, lodging, New Year’s Eve party, Rose Parade, Nixon Library, coastal cities, luxury bus, lodging, 9 meals. Contact Joe Salamida 408-767-2838. ascreenman756@gmail.com](#)

Princess 11 Nigh Inside Passage Cruise from San Francisco Rt Alaska May 26 – June 6, 2024. Ketchikan, Juneau, Skagway AK and Victoria, Canada. Cabins start \$2590 pp to \$3322 pp double occupancy SIR 143 Contact John Cardoza 209-483-7722 or johncardoza@hotmail.com

Best of Spain and Portugal April 27 – May 12, 2024. Branch 146. Cost \$7,895pp. Madrid, Segovia, Porto, Lisbon, Seville, Gibraltar, Costa Del Sol, Alhambra, Valencia, Barcelona, round trip airfare, 15-day guided tour with Travel Director, 14 nights at centrally located 4star hotels, 5 dinners and 2 lunches including wine, all tips, transfers and baggage handling. Contact Glenn Breslin 925-288-6520 glennbreslin@gmail.com

[Memorials of WWII Tour Sept. 6 – 15, 2024 Cost \\$4,972pp dbl.Occ. London, Portsmouth, Paris, D-Day Museum, Landing R/T air, motor coach, ferry from England to France. 8 brkfst. 4 dinner. Contact Glenn Breslin 925-288-6520 glennbreslin@gmail.com](#)



OTHER COMMUNITY ANNOUNCEMENTS:

(Not official SIR Activities)



The Pacific Coast Air Museum is once again hosting Hot Dog Thursday on the first Thursday of the month April through October. The last one, **which is the last one this year**, is October 5th.

<https://pacificcoastairmuseum.org/hot-dog-thursday/>

Hot Dogs are \$8 including a drink, chips and entrance to the museum. The delicious hot dogs are served between 11:30 AM and 1:30 PM. Noon tends to be the most crowded time with limited close in parking; last year they sold out of hot dogs on more than one occasion including a record 600 dogs on just one Thursday. This is not an official SIR activity, so bring your spouse and neighbors.

Keep an Eye Out for notices from Len Schwer about Margarita Monday and other community events. For additional information contact Len Schwer at: Len@schwer.net

Every Saturday morning (8:30-10AM) Jose Castaneda hosts a **FREE breakfast for veterans** at Castaneda Marketplace; 8465 Old Redwood Highway. This “Castañeda’s Breakfast Brigade,” provides veterans a place for connections, camaraderie & friendship

<https://www.facebook.com/CastanedasMarket>



The third Thursday of the month, **October 19th**, Jose Castaneda offers a free coffee and concha (Mexican pastry) to all seniors. An opportunity to meet other Windsor residents for socializing between 9 and 11AM.



Once a month, date varies, this month it is **October 23rd**. All SIR and their spouse are welcome to start the “work” week with Margherita Monday – a chance to sample the best frozen margheritas in Windsor. Starts sharply at 4PM Castaneda’s Market Place.

2023 SIR Branch 176 Officers:					
Big SIR Chris Roach (707) 490-8510 Chrisroach@sbcglobal.net		Little SIR Larry Doherty 707-484-5308		Secretary Dave Harrison 707-6388155 harrisod@sonic.net	
Assistant Secretary Jerry Culver 707-953-4901		Treasurer Ward Thompson 707-539-1377		Assistant Treasurer Howard Blethen 707-892-2992	
2023 Directors					
<i>1 Year Term</i>			<i>2 Year Term</i>		
Rich Laucks	Jock Rader	Tim Senkir	Ed Peoples	John Crooker	Gary Jensen
2023 Activity Coordinators					
	ATTENDANCE Ron Nordstrom 707-338-6363	MEMBERSHIP Larry Doherty 707-484-5308	FRIENDSHIP Chris Roach (707) 490-8510		
TRAVEL Stewart Morgan 707-545-4957	GOLF Mike Berry 707-837-1792	BOWLING Dave Harrison 707-638-8155	COFFEE CLUB Gary Jensen 707-377-8380		
COUPLES DINNER Wayne and Maryl Lindahl 707-837-2816	BOCCE BALL Stewart Morgan 707-545-4957	RECRUITMENT Gary Jensen 707-337-8380	GREETER Gary Jensen 707-337-8380		
SONG LEADER Tom Hasco 707-544-4445	NEWSLETTER Tom Palmer 619-920-9175	WEB PAGE John Crooker 707-328-8748			
SIR State President Dave Gonzales yogonzo@wahoo.com			SIR Area 13 Governor Bob Nadell 707-836-4123 nadellb@sbcglobal.net		