



SIR Branch 176 Windsor Winds Newsletter for May 2023

SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), [State Webpage](#) and/or attend Tuesday morning coffee.

Windsor Branch 176

Monthly Luncheon Meeting Every 3rd Wednesday
 Charlie's Restaurant 130 19th Hole Dr. Windsor CA
 Charlie's lunch is \$22.00 (plus \$1 table tip if you wish)
 Reminder: Yearly Dues (\$24) can also be paid at lunch.

Windsor Winds Edition

May2023

Volume 28 Number 05

Big SIR – Chris Roach



A number of important notices I would like to share:

Women in SIR:

In case you did not attend the lunch, the BEC (your branch 176 officers and directors), at the request of our State Pres., held a vote on admitting women. The BEC voted unanimously **not** to admit women into our branch. The BEC voted 5 to 2 to allow women to join other branches. At this time we don't know if there will be a vote of all members or how the State leaders will use this information. Stay tuned.

Invitation to BEC:

Anyone interested in finding out what the BEC is and does is invited to join us. Especially new members and those interested in becoming a Director, Committee Chair or Officer. We meet before the lunch meeting, come anytime between 10:30 and noon.

New Members:

We will be voting to admit two new members at the next meeting on 5/17. Please be there to welcome them!

The Passing of Ed Petroka and Ed Columbini:

Ed Petroka's Celebration of Life will be at Charlie's on May 6.

Ed Columbini's Celebration of Life will be held on the afternoon of our SIR Picnic, 6/15. Members who are planning to attend are encouraged to attend the Picnic first, as the Celebration isn't until later in the afternoon.

Picnic:

I want to remind everyone of our annual Summer Picnic on June 15. It will be held again at the outdoor event area at the Windsor GC. Please refer to the attached Picnic flyer. Dave Harrison is the chair.

- Send ticket requests to Ward, \$40 each, indicate names for name tags.
- need raffle prizes
- Need volunteers to set up canopies

RSV warning:

In case you haven't heard yet, there's another nasty disease going around, RSV. Just when you thought you could relax from some of the Covid precautions! The reason I'm mentioning this is that it can have more serious effects on seniors. It is highly transmittable. It is also prevalent in young children. So if you have young grand-kids, be fore-warned! The symptoms, are similar to those of a cold, but can last much longer, 4 to 6 weeks! I suggest you check it out on the **CDC website** or at rsvandme.com.

For me, I'm not going to change where I'm going, except I am going back to the fist bump.

Remember to get involved in some or all of the activities we sponsor: bowling, coffee meetings, golf, bocce, couples dinner, Friday afternoon Happy Hour, outings, and travel. Hope to see you at the next lunch meeting!

Chris Roach – Friendship Report

Get Well Cards were sent to Jim Griffin, Dave Harrison & John Fineren.

Little SIR – Larry Doherty



It is hard to believe but we are almost half way through another year. Don't forget, next month (June) we do not meet at Charlie's for lunch but are having our picnic on June 15. This is also a reminder to get your tickets now, before it is too late. I look forward to seeing you all there as well as getting an opportunity to meet your significant others. And please, if you have a desire to help out please don't hesitate to ask one of the BEC members as there are a lot of them who have been doing their tasks for a long time.

Warmest Regards,

LarryD.

REMINDER REGARDING OUR PICNIC:

Plans for our picnic are going well. It should be loads of fun. However, while Branch 17 has signed up 39 folks, we have only 10 so far. We are traditionally a fashionably late group for sign-ups, but please, let's not procrastinate any longer. **Please plan on signing up when you attend our May Monthly Meeting** or sign up via mail per the flyer information. Below is the picnic flyer.

Also, if you have a shade canopy you can loan for the day please contact Dave Harrison at 707-292-2300.

HAPPY BIRTHDAY THIS MAY TO:

JERRY CULVER, TOM DEVITT, JOHN FINEREN, GARY GREENOUGH, RON NORDSTROM, JOCK RADER, LEN SCHWER, VIRGIL SEVIERI, JOHN TRAVINSKY.

THANKS TO OUR APRIL MONTHLY MEETING SPEAKERS

Our presenter was Vicki Chavez from the Windsor Regional Library. Her time and knowledge was appreciated.

MAY MONTHLY MEETING GUEST SPEAKER:

Karen Hancock:

Karen received her BA in Geography from Sonoma State University. She started out in 2002 as a State Park Ranger. Later, she was a Community Services Officer for the Sonoma County Sheriff's Office for almost 8 years. She now is a Community Outreach/Public Information Officer for the Sonoma County Fire District.

Dave Harrison –Bowling

The Windsor Bowl Monday Morning Senior winter bowling league will end on Monday April 24th with playoff rounds. Teams led by our own Wayne Lindahl and Don McCorquodale will be competing for the best of four. Congratulations to Wayne and Don. We begin our Windsor Bowl Monday Morning Senior summer league on Monday May 1st. This will be a "no-tap" series wherein nine pins down is treated as a strike as is 10 pins down. If any Branch 176 SIR members would like to bowl in this Summer League, please contact me at harrisod@sonic.net to check on availability. We usually have room for substitutes because of a heavy season of Summer vacations.

Dave Harrison, Bowling Chair.

Golf-Mike Berry

It finally looks like the weather is returning to golf weather.

Hopefully we will see an increase in Wednesday turnout. Come and join us between 8 and 8.30. We usually begin arriving at 7:45.

Prior to Wednesday, use the signup sheet at the golf course or call the golf course at 707-838-7888 to sign up for SIRS golf. The starter usually gets us out by 8:00.

If you are new to the golf group, please show up on time (7:45-8:00) and look for us. Since we look forward to playing with new members, we will certainly make adjustments to get you in.

Gary Jensen – Recruitment and Coffee



Last Bluebird Coffee time on 4-11-23

Recruitment is good in that we've have had a couple of visitors at coffee and even happy hour. Please consider inviting someone you know to join us. Since we were in-between the Bluebird and the Senior Center, Tuesday coffee has been at McDonalds. That is expected to change to permanently and **be at the Senior Center starting May 2nd.**

Happy Hour-Tom Palmer (Not an official SIR Activity)

Now that Spring is springing, consider getting out at 3:00 on a pleasant Friday afternoons for libations and lively conversation. Each Friday we meet at a different location which is announced in the Weekly Reminder of Events.

EDITOR'S NOTICE:

Due to international travel, much of it without internet, the **June Newsletter** will be published late: Most likely about June 4th.

SIR BRANCH 176/17 PICNIC

We are excited for our summer picnic which should be a great time. Please review the flyer below: Also, if anyone has a pop up canopy they can lend to the effort please contact Dave Harrison. (harrisod@sonic.net)

The SIR Branches 17/176 Picnic

Thursday, June 15th, 2023

Outdoor Event Area at Windsor Golf Course
1302 19th Hole Drive, Windsor, CA

Catered By Charlie's at Windsor Golf Course

11:00 am Social Hour

12:00 Noon Lunch Served

BBQ Chicken, Veggie Pasta, Chili Beans, Corn on the Cob,
Salad, Bread, Butter & Dessert
Wine, Beer, Soft Drinks
Raffle Music

All for Only \$40.00 per person!

Picnic Sign Ups at April 19th and May 17 Meetings
or

Sign ups by mail

Ward Thompson, 5530 Melita Rd., Santa Rosa, Ca. 95409
707-322-9396 / patandward@sbcglobal.net
Purchase by mail deadline is June 1st.

Be sure to include mailing address and name(s) for name tags

No tickets will be sold the day of the Event

Contact David Harrison, Br 176 Picnic Chair with questions
707-292-2300 / harrisod@sonic.net

Couples Dinner (Not an official SIR Activity)



Wednesday, April 26th, was another enjoyable Couples Dinner locally here in Windsor. Everyone enjoyed their meals and had a good time at Diana's Mexicana Restaurant, for some this was a new dining experience.

There were 12 couples mostly at tables for four or six, allowing us to get better acquainted, rather than one long table.

As expected, the Chile Rellenos and handmade tortillas were a big hit, the Camarones a La Diabla were definitely spicy and the refried beans were superb. Also enjoyed were the Burritos and Carnitas. Diana's is a local family owned and run gem that fills the bill when the urge for Mexican food strikes.

FOR THE LIGHT HEARTED:

RED SKELTON'S RECIPE FOR THE PERFECT MARRIAGE

I married Miss Right. I just didn't know her first name was 'Always'





**MY WIFE MADE ME
COFFEE THIS MORNING AND
WINKED AT ME WHEN SHE
HANDED ME THE CUP.**

**I'VE NEVER BEEN MORE
SCARED OF A DRINK IN ALL
OF MY LIFE.**

**Me: Please bring me a
screwdriver.
Wife: Flat head, Phillips, or
Vodka?**

**And that was when I knew
she was the one.**

My Profile: **RICHARD DeLAMBERT**



I was raised in Oakland, Ca. I spent a lot of time in growing up in Carson City, Nev. One side of my family is from Ely, Nev. And the other side from Salt Lake City. Originally my family came to Kansas from France. However, some went to New Zealand and Australia. My father's family lived in Sacramento in 1906 when my grandfather worked for Hillsbrother's coffee located what is now in front of the state capital. They moved from San Francisco in 1916 during the flu epidemic to Mill Valley where my dad and grandfather worked on the train which went up Mt. Tamalpais in Marin County.

I have thirty grandchildren who live in all parts of the Wild West. I was in the service at 5th Army Headquarters in Chicago in 1957 thru 1959 (the cold war) and was discharged in 1964. I attended Oakland High School, San Jose State and University of California.

I have played tennis all my life as well as playing and traveling for the US Army. My biggest tournaments were the US open and the national clay courts in Chicago. I enjoyed teaching tennis at Cardinal Newman High School. Also in the early days I coached younger soccer team and baseball teams. Additionally I coached and caught for the Army baseball team.

Professionally, I was a banker for 31 years. I started working in Montgomery Village for Hugh Coddling. Next I went to work at Santa Rosa Savings. Finally, I became the district manager for Wells Fargo Bank. In 1992 I retired from banking.

While working in banking I also taught at Santa Rosa Junior College i.e. law, real estate and economics. Also, I was able to form the Visitors Convention Bureau for Sonoma County. Additionally, in 1987 I became president of the Santa Rosa chamber of commerce and in 1988 became president of downtown Rotary. I was in Rotary for 49 years.

After retirement I worked for both Kunde and St Francis winery. St Francis winery sent me to Italy to purchase a bell (\$75,000). Yes I am a bell collector with over 750 bells. Most of the collection is over 200 years old.

My biggest contribution to our community has been raising funds. For two years I was the United Way chairman of fundraising along with doing the same for one year in Sonoma. I am currently recruiting chairman for SIR 17 with an increase of 22 members in the last quarter of 2022. I now live in Santa Rosa with my significant other Faith Bredfeld.



OTHER COMMUNITY ANNOUNCEMENTS:

(Not official SIR Activities)

Thursday May 18, Castaneda's Marketplace is hosting a benefit paella pickup dinner between 4 and 6PM with all profits going to Windsor High School "Project Grad" – helping students have a night of safe and sober graduation celebrations.

Tickets must be purchased in advance at the Marketplace for \$25, or online for \$28.52 <https://www.eventbrite.com/e/paella-for-project-grad-tickets-620313202487>



Every Saturday morning (8:30-10AM) Jose Castaneda hosts a **FREE breakfast for veterans** at Castaneda Marketplace; 8465 Old Redwood Highway. This "Castañeda's Breakfast Brigade," provides veterans a place for connections, camaraderie & friendship

<https://www.facebook.com/CastanedasMarket>





The **third Thursday** of the month, Jose Castaneda offers a free coffee and concha (Mexican pastry) to all seniors. An opportunity to meet other Windsor residents for socializing.



Once a month, date varies, all SIR and their spouse are welcome to start the “work” week with Margherita Monday – a chance to sample the best frozen margheritas in Windsor. Starts sharply at 4PM Castaneda’s Market Place.



The Pacific Coast Air Museum is once again hosting Hot Dog Thursday on the first Thursday of the month April through October. The next one is May 4th.

<https://pacificcoastairmuseum.org/hot-dog-thursday/>

Hot Dogs are \$8 including a drink, chips and entrance to the museum. The delicious hot dogs are served between 11:30 AM and 1:30 PM. Noon tends to be the most crowded time with limited close in parking; last year they sold out of hot dogs on more than one occasion. This is not an official SIR activity, so bring your spouse and neighbors.

Keep an Eye Out for notices from Len Schwer about Margarita Monday and other community events. For additional information contact Len Schwer at: Len@schwer.net

2023 SIR Branch 176 Officers:					
Big SIR Chris Roach (707) 490-8510 Chrisroach@sbcglobal.net		Little SIR Larry Doherty 707-484-5308		Secretary Dave Harrison 707-6388155 harrisod@sonic.net	
Assistant Secretary Jerry Culver 707-953-4901		Treasurer Ward Thompson 707-539-1377		Assistant Treasurer Howard Blethen 707-892-2992	
2023 Directors					
<i>1 Year Term</i>			<i>2 Year Term</i>		
Rich Laucks	Jock Rader	Tim Senkir	Ed Peoples	John Crooker	Gary Jensen
2023 Activity Coordinators					
	ATTENDANCE Ron Nordstrom 707-338-6363		MEMBERSHIP Larry Doherty 707-484-5308		FRIENDSHIP Chris Roach (707) 490-8510
TRAVEL Stewart Morgan 707-545-4957	GOLF Mike Berry 707-837-1792		BOWLING Dave Harrison 707-638-8155		COFFEE CLUB Gary Jensen 707-377-8380
COUPLES DINNER Wayne and Maryl Lindahl 707-837-2816	BOCCE BALL Stewart Morgan 707-545-4957		RECRUITMENT Gary Jensen 707-337-8380		GREETER Gary Jensen 707-337-8380
SONG LEADER Pending 707-544-4445	NEWSLETTER Tom Palmer 619-920-9175		WEB PAGE John Crooker 707-328-8748		
SIR State President Dave Gonzales yogonzo@wahoo.com			SIR Area 13 Governor Bob Nadell 707-836-4123 nadellb@sbcglobal.net		

OFFICIAL SIR Activities

Coffee – Gary Jensen

Coffee and Pastries at the Windsor Senior Center Tuesdays at 9:00am

Bocce Ball - Stewart Morgan

Bocce Ball at Lakewood Meadows Park Thursdays at 10:00am

OTHER SIR FYI Activities

Friday Afternoon (3:00pm) Happy Hour – Tom Palmer

Location changes weekly and will be published every Sunday or Monday in the weekly notice of events with a reminded sent on Thursday.

