



SIR Branch 176 Windsor Winds Newsletter for July 2023

SIR Mission Statement

The Mission of SIR is to improve the lives of our members through fun activities and events – while making friends for life. Visit our [Branch Webpage](#), [State Webpage](#) and/or attend Tuesday morning coffee.

Windsor Branch 176

Monthly Luncheon Meeting Every 3rd Wednesday
Charlie's Restaurant 130 19th Hole Dr. Windsor CA
Charlie's lunch is \$22.00 (plus \$1 table tip if you wish)
Reminder: Yearly Dues (\$24) can also be paid at lunch.

Windsor Winds Edition

July 2023
Volume 28 Number 07

Big SIR – Chris Roach



It looked like everyone had a good time at the Summer Picnic! The food was pretty good. There was plenty to drink and many raffle items! And of course, the attendees from both branches were in good spirits! Be sure to thank Dave Harrison and his committee for making it a fun event!

If you remember, I talked about the “Other” respiratory illness that’s going around, RSV. It’s especially dangerous for our age group. Well, there is good news, a vaccine will be available this fall!

Hopefully you have had a chance to consider filling an opening in next year’s BEC. We are looking for a Little SIR for Larry and a Treasurer to replace Ward. Please contact either Rich Laucks, Larry Doherty or me.

Stewart Morgan’ our Activities & Travel Chair, has been coming up with some interesting local and out of the area travel ideas. Please contact him if you want to be included on his Notification List at stwrmtmorgan@gmail.com.

Our District Govenor, Bob Nadell, will be attending our July 19 BEC and lunch meeting. Here’s an opportunity to ask any questions you may have about SIR from a larger perspective!

Let's make it "**Cool Shirt Day**" on the 19th. Wear one you like, but one that sends a message that will not get you punched or arrested! So wear your favorite Hawaiian, Tee or polo to see the reactions of the group.

Invitation to BEC: Anyone interested in finding out what the BEC is and does is invited to join us. Especially new members and those interested in becoming a Director, Committee Chair or Officer. We meet before the lunch meeting, come anytime between 10:30 and noon.

Remember to get involved in some or all of the activities we sponsor: bowling, coffee meetings, golf, basket weaving, bocce, couples dinner, Friday afternoon Happy Hour, outings, and travel. Hope to see you at the next lunch meeting!

Chris Roach – Friendship Report

Get Well cards were sent to Maryl Lindahl and Gary Jensen.

Little SIR – Larry Doherty



Another month, wow hard to believe it is almost the 4th again. Happy Independence Day to all.

I wanted to thank all of you who helped with putting the picnic together. Great effort by both clubs. It was Colleen and my first picnic and I now understand the concern about reading off the winners of the raffle items for over an hour. While some didn't participate in the raffles, they nevertheless had to endure the length and volume of trying to get winners to not only find their winning ticket but to come forward. On the brighter side, we could not have asked for better weather and the company of the SIRs with their wives or guests.

This month, thanks to Dave Harrison's efforts, we will have Sonoma County DA Carla Rodriguez speaking at our luncheon. I am looking forward to seeing you all on the 19th.

Warmest Regards, Larry D.



2023 PICNIC

June 15th turned out to be the warmest day of the week and the best day for the 2023 SIR Joint Branch 17 and 176 Picnic. After several months of planning meetings and preparatory steps, we gathered at 10AM at the grassy meadow east of Charlie's Restaurant to set up.

The restaurant already had arranged fifteen tables for our participants, and there were other tables for raffle prizes and buffet food service. We began by erecting eight pop-up canopies over the tables most likely to be in direct sunlight. Tables were set for eight, and at 11AM our 113 attendees began to arrive, pick up their name tags and purchase raffle tickets. We sold \$1650 in raffle tickets. Each table had red and white wine, as well as eating utensils. The raffle table included fifty raffle prizes, from gift baskets, to garments, to tools and gift certificates. Lunch service began at 12 Noon, and tables were selected in random order as we all made our way through the buffet. At 1PM we began the raffle, conducted by our indomitable Rich DeLambert. After a ticket number drawn and announced, a runner delivered the prize to each lucky ticket holder.

We wrapped up the picnic at about 3PM, with everyone expressing pleasure and satisfaction about the event. The only distraction was the snowfall-like descent of little cotton ball blossom floaters from the numerous trees shading the picnic site.

I would like to personally thank our Branch 176 Picnic Committee including Ward Thompson, Howard Blethen, Ed Peoples, and Paul Hanson for their work beginning in February. I would also like to recognize and thank the following Branch 176 members who helped us with this event: Larry Doherty, Tom Palmer, Greg Smith, John Fineren, Bill Gillaspay, Rich DeLambert, Elias Zegarra, John Travinsky, David Schleeter, Wynn Bailey and many others who contributed raffle prizes and/or efforts in making the picnic a success.

Dave Harrison

2023 Branch 176 Picnic Chair.





Golf-Mike Berry

The number of golfers have been increasing You don't need to be a good golfer, just a person who enjoys the game. Please come and join us between 8 and 8.30. We usually begin arriving at 7:45.

Prior to Wednesday, use the signup sheet at the golf course or call the golf course at 707-838-7888 to sign up for SIRS golf. The starter usually gets us out by 8:00. ***If you are new*** to the golf group, please show up on time (7:45-8:00) and look for us. Since we look forward to playing with new members, we will certainly make adjustments to get you in.

EDITOR'S NOTICE:

I receive very positive feedback concerning our "Profile" section. For it to continue folks must step up and be willing to share. If you are so inclined, please contact me at palmer.ts@gmail.com.

Our Newest Members: GARRY TROJANOWSKI & TONY ROSSI



Garry Trojanowski

Let's all say hello to Garry (not misspelled). Garry is originally from New Jersey & moved to Connecticut when he was 28 years old (Corporate relocation). He's been married 42 years to Jan & has a 35 year old son Justin who lives with his wife Lauren in Corte Madera. No grandchildren, but a grand puppy named Arlo (English Springer Spaniel).

Professionally he has worked in finance his entire life for companies like Sun Chemical, Singer Sewing Machines, Pfizer/Warner-Lambers (28 years there), Energizer and then worked on as a financial consultant for other companies like Stanley Tools. He retired about seven years ago & followed his only child to this area.

For fun Garry likes meeting with friends, follows most sports with a special interest in Boston professional teams (but also now roots for the Warriors and 49ers), gardening, running or walking at least seven miles every day (enters races once a month) and going to breweries. "I play pool, bowling and bocce, but not well". He is looking forward to Sir Activities such as Bocce, beer Fridays, monthly luncheons, couple dinners, and golf. Finally, following his ordeal with prostate cancer, in which it became undetectable after surgery, he strongly encourages men to get their annual PSA blood test.



TONY ROSSI

Welcome Tony, a native of Californian. Tony grew up in Southern California and moved to Northern California in 2006. He and his wife, Michelle, with whom he have been married to for 40 years, moved to Fountaingrove in 2006 and after the fires moved to Windsor where he currently resides, They have 3 daughters, 2 live in Sonoma County and one In Tennessee and also have 9 grandchildren.

Tony been in the Real Estate business since 1983 and owned his own office in Southern California. He sold it when he moved up to Northern California. Currently he works at Coldwell Banker and has a team with his wife and daughter. They primarily handle all residential transactions in diverse ways.

His hobbies right now are Golf and Pickleball. He golfs twice a week and plays pickleball 4 times a week. He likes to go boating, wine tasting and music events in the area. Tony was an avid skier and still likes to ski in the winter.

He has not officially retired, "just reprioritized my daily activities". He still likes to help families reach their goals and help direct them for their future plans.

Tony looks forward to being part of this group and involved in some committees.

HAPPY BIRTHDAY THIS JULY TO:

**BOB BROWNE, JOHN CAMPBELL, JIM NEAL, ROY SPADONI,
JIM VICK**

Dave Harrison –Bowling

We are in the second segment of our Summer No Tap Senior Bowling League. Of the ten teams, four include SIR Branch 176 members: Jerry Culver, Don McCorquodale, Phal Bartels, John Campbell and Dave Harrison. Dick Wright substitutes when he is free of other Monday morning commitments. No Tap scoring is generous, and we are all having a good time of it.

If you are interested in becoming a bowling league substitute, please contact Dave Harrison at harrisod@sonic.net."

Dave Harrison, Bowling Chair.

DON'T MISS OUR LUNCHEON GUEST SPEAKER:

We will be welcoming the Sonoma County District Attorney. Carla Rodriguez is in charge of the prosecutions of all criminal matters for the entire county of Sonoma. She has a budget of nearly \$33.7 million and a staff of more than 128 employees. She is a career prosecutor, who has been with the Sonoma County District Attorney's Office since 1997. She has been quoted as saying: "I really enjoy holding people accountable who take advantage of vulnerable victims." You don't want to miss being at Charlie's on July 19th.

Couples Dinner (Not an official SIR Activity)



Our June Couples dinner was once again a very enjoyable outing. We are most fortunate to have such a variety of food venues right here in Windsor.

Maison Porcella is one of them. It has the gift of not only wonderful French food, but the most charming hostess, Maud, who has the rare ability to make all feel special.

It is a charming, welcoming, small restaurant, with white table cloths and fresh flowers at each table. Also a small gift and retail area where you may purchase pates, and other items that Marc Henri makes.



Twenty of us were able to enjoy a sampling of their charcuterie and a glass of bubbly or wine, followed by a sit-down dinner of flank steak, vegetables and the most amazing lemon tart.

This was definitely an experience you should not have missed.

Bocce Ball - Stewart Morgan



Bocce Ball at Lakewood Meadows Park Thursdays at 10:00am

Gary Jensen – Recruitment and Coffee



June 20th coffee at the senior center

Coffee time attendance at the Senior Center is good and please let's keep bringing guests. We have two new members joining us. Other good news, Gary Jensen is recovering nicely; he is back and we thank John Fineran for his assistance while Gary was absent.

FOR THE LIGHT HEARTED:



**MY WIFE ASKED ME WHY I
SPOKE SO SOFTLY IN THE
HOUSE.
I SAID I WAS AFRAID
MARK ZUCKERBERG WAS
LISTENING!
SHE LAUGHED.
I LAUGHED.
ALEXA LAUGHED.
SIRI LAUGHED.**



**My favorite childhood
memory is my back not
hurting.**

**WHEN SHE COMES HOME
AND YOU'VE ALREADY RUN
THE HOT WATER FOR HER**



Father. All day long I
keep hearing this voice
telling me what to do. Am
I possessed?

No my child. You are
married.



STEWART MORGAN –TRAVEL

If you are interested or have questions please contact Stewart
at stwrmorgan@gmail.com



SIR Branch Travel Chair Trips and News

Milt Smith State Travel Chair miltsmith549@gmail.com 925-285-2897c

July 2023

Disney's Aladdin Wed. Aug. 9, 2023 1pm at the Orpheum Theatre. Branch 7 & 8. Cost \$110 pp. Includes Lunch at Max's Opera Café, luxury motorcoach transportation, driver gratuity. Contact Ted Pullen, 415-499-4610 tedpullen@comcast.net

Majestic Princess Denali Explorer Aug. 23 – Sept. 2, 2023. Branch 147 this trip cancelled. Contact Bill Johns if you have questions. 707-971-7639. billjohns121@gmail.com

Colorado Rockies, Rails & Western National Parks Sept. 10 – 18 2023. Branch 32. Cost \$3,649pp. Includes r/t air, 11 meals 8 breakfasts, tour director, motorcoach transportation, all admissions, baggage handling. **Highlights: 3 train experiences**, Durango, Pikes Peak & Royal Gorge. **4 National Parks**, Mesa Verde, Arches, Canyon Lands & Great Sand Dunes. Contact John Pletsch, 408-504-1255 jeplet@sbcglobal.net

Croatia and Its Islands. Sept. 24 – Oct. 7, 2023. Branch 101. Cost \$6,714 – 7,214pp depending on cabin. Highlights: Dubrovnik, 7-night Adriatic Cruise, Slano, Mljet National Park, Korcula, Vis, Bisevo, Blue Cave, Hvar, Bol, Trogir, Slit. Choice on tour; Sibenik, Cathedral of St. James, Krka National Park, Zagreb, Stone Gate. The price includes round trip flights from SFO, Travel Insurance and tips. 3 cabins still available (6 people max.) Contact Bill Britton 925-200-1062. bill.britton@comcast.net

Autumn Colors Oct. 13 – 22, 2023. Branch 143. Cost \$4,330pp. Boston to Boston. Includes air & bus transportation. **Highlights:** Boston, Mohawk Trail, Mount Washington. Contact Bill Stires 209-544-2684. bstires46@gmail.com

The Lion King, Matinee Wednesday December 13 Branches 7, 47 & 22. "The Musical of a lifetime!" Orpheum Theater SF. Departs San Rafael 10am returns 5:30pm \$125pp. Includes luxury motorcoach, gratuity, hosted lunch at Max's Opera Café and rear orchestra seating. Contact Ted Pullen 415-499-4610 tedpullen@comcast.net

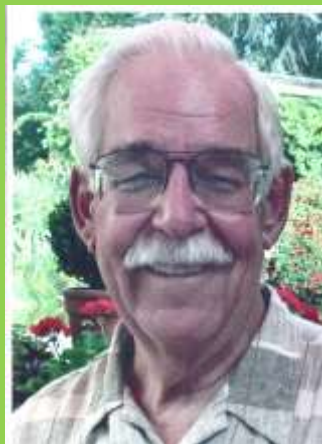
Rose Parade & New Year's Eve Dec. 30, 2023 – Jan. 4, 2024. Cost \$3,375pp. Includes air fare, lodging, New Year's Eve party, Rose Parade, Nixon Library, coastal cities, luxury bus, lodging, 9 meals. Contact Joe Salamida 408-767-2838. ascreenman756@gmail.com

Best of Spain and Portugal April 27 – May 12, 2024. Branch 146. Cost \$7,895pp. Madrid, Segovia, Porto, Lisbon, Seville, Gibraltar, Costa Del Sol, Alhambra, Valencia, Barcelona, round trip airfare, 15-day guided tour with Travel Director, 14 nights at centrally located 4star hotels, 5 dinners and 2 lunches including wine, all tips, transfers and baggage handling. Contact Glenn Breslin 925 -288-6520 glennbreslin@gmail.com

Memorials of WWII Tour Sept. 6 – 15, 2024 Cost \$4,972pp dbl.Occ. London, Portsmouth, Paris, D-Day Museum, Landing R/T air, motor coach, ferry from England to France. 8 brkfst. 4 dinner. Contact Glenn Breslin 925-288-6520 glennbreslin@gmail.com

WAYNE LINDAHL

My Profile:



I was born in Seattle, WA in June of 1936, but lived in many various towns in the Puget Sound. My Dad was a pharmacist and Mom a homemaker. I am the middle child between 2 sisters.

While a senior in high school, at age 17, I couldn't wait to join the action in Korea, (these were my John Wayne days). I enlisted in the Air Nat'l Guard. After graduating from high school, I transferred to the active U.S. Air Force and served my basic training at Lackland A.F. Base in San Antonio, TX. I was then transferred to Kelly A.F. Base for more technical training as a communications analyst. A few months later, I was assigned to the 15th Radio Squadron Mobile in Japan and Korea.

After spending 5 years in Japan and Korea, I returned to Texas for advanced training, then onto Darmstadt, Germany for the next three years as a communications analyst for the NSA. After recovering from my John Wayne days and spending 10 years in the Air Force, I returned to the states as a civilian and headed for the warmth of New Mexico.

In New Mexico I was fortunate to be hired by IBM at an entry level position, thanks to the Air Force being a prime contributor to my college education and work experience. IBM was a company dedicated to encouraging you to reach your potential.

I held a number of positions with them, at various locations, each one a stepping stone to the next level etc etc.

My final position with IBM was as the comptroller of a developmental lab in Menlo Park. And then with ROLM and Siemens in Santa Clara with the responsibility for revenue and profit planning.

Maryl and I met through mutual friends in Palo Alto, it has been a great ride for the last thirty years. We have 3 children, 5 grandchildren, and 2 great grandchildren. After being married a short time, we decided it was time to retire and leave Silicon Valley and come to the wine country. I had been a visitor to the Russian River wine country for many years and had amassed a considerable wine collection of French, Italian and California wines and thought it was time to stop

and not only smell the roses, but to drink down our cellar. We are still working on that.

Since moving to Windsor in 1997, a very nice, welcoming town, I have been involved in a number of community causes. I was a co-president of the Sonoma County Wine Library for several years, I tutored at the Continuation high school in various subjects for 5 years, I have served on the Board of the Friends of the Windsor Library. I was a member of the Sonoma Grand Jury in 2016.

I joined SIRs a few years ago, after Maryl heard Gary Jensen's recruitment pitch at the senior center, and she encouraged me to get out and make my own friends. Once again, she was right. I have served as Beer Co-coordinator and am now serving as Couples Dinner Co-coordinator, a fun challenge to find places for our foodie members to dine and get to know each other better. I also enjoy the three major "Bs", beer, bowling and bocce with my fellow SIRs.

We have been fortunate to travel all of the U.S., except the Mid-West and also to the Maritime Provinces. For 10 years we went to France looking for a place to live 6 months of the year and the rest of the time here. We found a spot in Burgundy, but at that time our grandchildren started to arrive and we felt we would miss too much of their lives living in Europe. Instead we have traveled to many wonderful countries in Europe, usually spending a month at a time and for the past number of years we have rented apartments in Paris to satisfy our love of France. We have taken a few cruises up the St. Lawrence River and to Alaska, and river cruises in Europe, but there isn't anything like our bit of paradise here.

OTHER COMMUNITY ANNOUNCEMENTS:

(Not official SIR Activities)

Every Saturday morning (8:30-10AM) Jose Castaneda hosts a **FREE breakfast for veterans** at Castaneda Marketplace; 8465 Old Redwood Highway. This “Castañeda’s Breakfast Brigade,” provides veterans a place for connections, camaraderie & friendship

<https://www.facebook.com/CastanedasMarket>



The third Thursday of the month, July 20th, Jose Castaneda offers a free coffee and concha (Mexican pastry) to all seniors. An opportunity to meet other Windsor residents for socializing between 9 and 11AM.



Once a month, date varies, all SIR and their spouse are welcome to start the “work” week with Margherita Monday – a chance to sample the best frozen margaritas in Windsor. Starts sharply at 4PM Castaneda’s Market Place.



The Pacific Coast Air Museum is once again hosting Hot Dog Thursday on the first Thursday of the month April through October. The next one is July 6th.

<https://pacificcoastairmuseum.org/hot-dog-thursday/>

Hot Dogs are \$8 including a drink, chips and entrance to the museum. The delicious hot dogs are served between 11:30 AM and 1:30 PM. Noon tends to be the most crowded time with limited close in parking; last year they sold out of hot dogs on more than one occasion including a record 600 dogs on just one Thursday. This is not an official SIR activity, so bring your spouse and neighbors.

Keep an Eye Out for notices from Len Schwer about Margarita Monday and other community events. For additional information contact Len Schwer at: Len@schwer.net

2023 SIR Branch 176 Officers:					
Big SIR Chris Roach (707) 490-8510 Chrisroach@sbcglobal.net		Little SIR Larry Doherty 707-484-5308		Secretary Dave Harrison 707-6388155 harrisod@sonic.net	
Assistant Secretary Jerry Culver 707-953-4901		Treasurer Ward Thompson 707-539-1377		Assistant Treasurer Howard Blethen 707-892-2992	
2023 Directors					
<i>1 Year Term</i>			<i>2 Year Term</i>		
Rich Laucks	Jock Rader	Tim Senkir	Ed Peoples	John Crooker	Gary Jensen
2023 Activity Coordinators					
	ATTENDANCE Ron Nordstrom 707-338-6363	MEMBERSHIP Larry Doherty 707-484-5308	FRIENDSHIP Chris Roach (707) 490-8510		
TRAVEL Stewart Morgan 707-545-4957	GOLF Mike Berry 707-837-1792	BOWLING Dave Harrison 707-638-8155	COFFEE CLUB Gary Jensen 707-377-8380		
COUPLES DINNER Wayne and Maryl Lindahl 707-837-2816	BOCCE BALL Stewart Morgan 707-545-4957	RECRUITMENT Gary Jensen 707-337-8380	GREETER Gary Jensen 707-337-8380		
SONG LEADER Tom Hasco 707-544-4445	NEWSLETTER Tom Palmer 619-920-9175	WEB PAGE John Crooker 707-328-8748			
SIR State President Dave Gonzales yogonzo@wahoo.com			SIR Area 13 Governor Bob Nadell 707-836-4123 nadellb@sbcglobal.net		